

# Appanoose County Resource Directory



Appanoose County, Iowa 2020

Appanoose County Resource Directory

# Appanoose County Offices

County Office	Location	Phone
Assessor's Office	201 N. 12 <sup>th</sup> St. Centerville, IA 52544	641-437-4529
County Attorney	201 N. 12 <sup>th</sup> St. Centerville, IA 52544	641-437-7178
Auditor's Office	201 N. 12 <sup>th</sup> St. Centerville, IA 52544	641-856-6191
Board of Supervisors	201 N. 12 <sup>th</sup> St. Centerville, IA 52544	641-856-5512
Clerk of Court	201 N. 12 <sup>th</sup> St. Centerville, IA 52544	641-856-6101
Recorder	201 N. 12 <sup>th</sup> St. Centerville, IA 52544	641-856-6103
Treasurer's Office	201 N. 12 <sup>th</sup> St. Centerville, IA 52544	641-856-3097
ADLM Environmental Health	12307 Hwy 5, PO Box 399 Moravia, IA 52571	641-724-3511
Conservation	25100 520 <sup>th</sup> St. Centerville, IA 52544	641-856-8528
Disability Services Coordinator	209 E. Jackson St. Centerville, IA 52544	641-856-2085
Emergency Management	12307 Hwy 5, PO Box 399 Moravia, IA 5251	641-724-3223
Engineer's Office	1200 Hwy 2 West Centerville, IA 52544	641-856-6193
General Assistance	PO Box 271 Centerville, IA 52571	641-856-7431
Planning & Zoning	1200 Hwy 2 West Centerville, IA 52544	641-856-6193
Public Health	209 E. Jackson St. Centerville, IA 52544	641-437-4332
Sheriff's Office	1125 W. Van Buren St., PO Box 474 Centerville, IA 52544	641-437-7100
South Central Behavioral Health Region	209 E. Jackson St., PO Box 425 Centerville, IA 52544	641-856-2085
Veterans Affairs	19999 St. Joseph's Dr. Centerville, IA 52544	641-856-6597

## **Quick Reference Phone Guide**

Affordable Healthcare	<a href="http://www.healthcare.gov">www.healthcare.gov</a>	1-800-318-2596
AIDS Hotline		1-800-273-AIDS
Alcoholics Anonymous		1-515-282-8550
Alzheimer's Disease Helpline		1-800-272-3900
American Association on Diabetes		1-800-232-3472
American Cancer Society		1-800-227-2345
American Council of the Blind		1-800-424-8666
American Foundation for the Blind		1-800-232-5463
American Heart Association		1-800-242-8721
American Kidney Fund		1-800-638-8299
American Red Cross		1-800-733-2767
American Speech-Language-Hearing Association (ASHA)		1-800-638-8255
The Arc of the United States (Advocacy for/with individuals with ID/DD)		1-800-433-5255
Arthritis Foundation		1-844-571-HELP
Better Business Bureau (BBB)	<a href="http://www.bbb.org">www.bbb.org</a>	1-703-276-0100
Better Hearing (Hearing Industries Association)		1-800-EAR-WELL
Boys Town National Hotline		1-800-448-3000
Child/Adult Abuse/Neglect Reporting		1-800-362-2178
Child Find of America – 2nd Line		1-800-426-5678
Child Find of America – Parents Help Line		1-800-AWAY-OUT
Children's Wish Foundation		1-800-323-9474
COMPASS for Disabled People (Iowa)		1-800-779-2001
Crisis Intervention Services (Family Violence)	<a href="http://www.stopdvsa.org">www.stopdvsa.org</a>	1-800-270-1620
Deaf Iowans Against Abuse Hotline	Text: 515-661-4015 or	1-319-531-7719
Deaf Services of Iowa	<a href="http://www.deafservices.iowa.gov">www.deafservices.iowa.gov</a>	1-888-221-3724
Dependent Adult and Child Abuse (Referral)		1-800-362-2178
Disability Rights IOWA (Iowa Protection & Advocacy)		1-800-779-2502
Domestic Abuse Hotline		1-800-770-1650
Easter Seal Society of Iowa, Inc.		1-515-289-1933
Epilepsy Foundation		1-800-332-1000
Eye Care – National Help Line		1-877-887-6327
Federal Insurance Consumer Help Line	<a href="http://www.iii.org">www.iii.org</a>	1-800-942-4242
First Call for Help (United Way 211 Line)		1-515-246-6555
Foundation 2 Mental Health Crisis Hotline		1-800-332-4224
Gambling Hotline		1-800-BETS-OFF
G.E.D. or High School Equivalency Diploma		1-800-316-6850
Hawki (Free or Low-Cost Health Coverage for Kids)		1-800-257-8563
Hay/Straw Hotline (List your Hay/Straw for sale)	<a href="http://www.iowaagriculture.gov">www.iowaagriculture.gov</a>	1-800-383-5079
Health Information Resource Center	<a href="http://www.health.gov/nhic">www.health.gov/nhic</a>	1-240-453-8280
Healthy Families Hotline (ISU)		1-800-369-2229
Huntington's Disease Society of America		1-800-345-4372
International Dyslexia Association		1-800-222-3123
Iowa Attorney General – Consumer Protection		1-888-777-4590
Iowa Arson/Crime Hotline		1-800-532-1459
Iowa Civil Rights Commission		1-800-457-4416
Iowa Commission for the Blind		1-800-362-2587

Iowa Commission on the Status of Women		1-800-558-4427
Iowa Compass (Disability resources)	TTY: 1-800-735-2942	1-800-779-2001
Iowa Child Abuse Reporting Hotline		1-800-362-2178
Iowa Department of the Blind	<a href="http://www.blind.state.ia.us">www.blind.state.ia.us</a>	1-800-362-2587
Iowa Department on Aging	<a href="http://www.iowaaging.gov">www.iowaaging.gov</a>	1-800-532-3213
Iowa Legal Aid	<a href="http://www.iowalegalaid.org">www.iowalegalaid.org</a>	1-800-532-1275
Iowa One Call (48hr notice required)	<a href="http://www.iowaonecall.com">www.iowaonecall.com</a> / 811 /	1-800-292-8989
Iowa Poison Control Center	Emergency: 800-222-1222	1-712-279-3710
Iowa Sexual Assault Hotline		1-800-284-7821
Iowa Society to Prevent Blindness	515-244-4341 or	1-800-329-8782
Iowa State Bar Association (Locate a Lawyer)	<a href="http://www.iowabar.org">www.iowabar.org</a>	1-800-457-3729
Iowa State Patrol Emergency		1-800-525-5555
Iowa Victim Service Call Center - Text 'iowahelp' to 20121 or	<a href="http://www.survivorshelpline.org">www.survivorshelpline.org</a>	1-800-770-1650
Iowa Workforce Development		1-800-562-4692
IRS (Assistance for Individuals)		1-800-829-1040
ISU Iowa Concern Hotline		1-800-447-1985
ISU Extension and Outreach		1-800-262-3804
Juvenile Diabetes Foundation (International)		1-800-533-2873
Legal Hotline for Older Iowans - Iowa Legal Aid (60 & older)		1-800-992-8161
Living Bank Organ Donation		1-800-528-2971
Lupus Foundation		1-800-558-0121
Lymphedema Network (National)		1-800-541-3259
Medical Alert/Connect America	<a href="http://www.MedAlert.net">www.MedAlert.net</a>	1-800-215-4206
Medicare	1-800-633-4227 or	1-800-MEDICARE
Medicare/Social Security	TTY: 1-800-325-0778	1-800-772-1213
Motor Vehicle Information Center (Iowa DOT)		1-800-532-1121
Multiple Sclerosis Society		1-800-FIGHT-MS
National Alcohol Hotline		1-800-252-6465
National Association on Mental Illness (NAMI)		1-800-950-6264
National Center of Missing and Exploited Children		1-800-THELOST
National Council on Alcoholism		1-800-NCA-CALL
National Down's Syndrome Society		1-800-221-4602
National Institute on Drug Abuse (NIDA)		1-800-729-6686
National Kidney Foundation		1-800-522-9559
National Parkinson's Foundation		1-800-457-6676
National STD Hotline		1-800-227-8922
Ombudsman/Iowa Citizens Aid	TTY: 515-281-3592	1-888-426-6283
Refugee Services		1-800-362-2780
Scleroderma Foundation		1-800-722-HOPE
Senior Health Insurance Program (SHIIP)		1-800-351-4664
SIDS American Institute	<a href="http://www.SIDS.org">www.SIDS.org</a>	1-239-431-5425
Substance Abuse and Mental Health Services Administration (SAMHSA)		1-800-662-4357
Suicide Prevention Hotline		1-800-273-TALK
Teen Line (ISU extension)	TTY: 1-800-735-2942	1-800-443-8336
Thursday's Child (Helpline for Endangered Youth)	<a href="http://www.thursdayschild.org">www.thursdayschild.org</a>	1-800-USA-KIDS
Veteran's Information (National)	<a href="http://www.va.gov">www.va.gov</a>	1-800-827-1000
Veteran's Crisis Line Text #838255	TTY: 1-800-799-4889	1-800-273-8255
Vocational Rehab		1-800-532-1486

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## **ABUSE & PREVENTION**

### **Appanoose County Family Alliance**

#### **Community Partnership for Protecting Children (CPPC)**

*A local Child Abuse Prevention council working to ensure that all children have a happy & healthy childhood.*

Contact Iowa State University Extension and Outreach

501 N. 12<sup>th</sup> St.

Centerville, IA 52544

Phone: 641-856-3885

Website: [www.extension.iastate.edu/appanoose/content/community-partnerships-protecting-children](http://www.extension.iastate.edu/appanoose/content/community-partnerships-protecting-children)

### **Children & Families of Iowa**

*Offering the following services: domestic violence services, youth and young adult programs, family support programs, early childhood development services, mental health services, integrated health home services, and substance abuse services.*

#### **Des Moines Office**

1111 University Ave.

Des Moines, IA 50314

Phone: 515-288-1981

Crisis Hotline: 515-243-6147

#### **Ottumwa Office**

111 East Main St.

Ottumwa, IA 50201

Phone: 641-954-1233

Website: [www.cfiowa.org](http://www.cfiowa.org)

### **Crisis Intervention Services (CIS)**

*Provide comprehensive sexual assault services, violent crime services, prevention programming, and emergency housing for victims of domestic abuse, sexual violence, and violent crimes for the counties of Appanoose, Davis, Jasper, Jefferson, Keokuk, Lucas, Mahaska, Marion, Monroe, Poweshiek, Wapello, & Wayne*

500 High Ave. W

Oskaloosa, IA 52577

Phone: 641-673-0336 (Office)

844-673-5499 (Emergency Housing Crisis line)

800-270-1620 (Sexual Assault Crisis Line)

Website: [www.stopdvsa.org](http://www.stopdvsa.org)

E-mail: [help@stopdvsa.org](mailto:help@stopdvsa.org)

### **Family Crisis Center**

*Provide 24 hour crisis line, one-on-one counseling, general support services, court advocacy, medical advocacy, and housing advocacy*

1014 N. Elm St., PO Box 446

Ottumwa, IA 52501

Phone: 641-683-1750

24hr Crisis Line: 800-464-8340

Website: [www.ottumwacrisiscenter.org](http://www.ottumwacrisiscenter.org)

### **First Resources Corporation**

*Services for people with disabilities, families, mental health, substance abuse treatment, and recovery services.*

310 W. Washington St., Suite 2

Centerville, IA 52544

Phone: 641-856-5382

Website: [www.firstresources.us](http://www.firstresources.us)

Fax: 641-856-2372

## **Sieda Community Action**

*Problem gambling treatment services, tobacco cessation, substance abuse prevention with outpatient counseling services & over the phone*

111 N. Main St.  
Centerville, IA 52544  
Phone: 641-856-8437

Website: [www.sieda.org](http://www.sieda.org)

## **Prevent Child Abuse Iowa**

*Educational programs and advocacy to prevent child abuse.*

2704 Fleur Dr.  
Des Moines, IA 50321  
Phone: 515-244-2200

E-mail: [pcaia@pcaiowa.org](mailto:pcaia@pcaiowa.org)  
Website: [www.pcaiowa.org](http://www.pcaiowa.org)  
Toll Free: 800-237-1815

*\*For Child Abuse Prevention Programs in Appanoose County, please contact the Appanoose County ISU Extension and Outreach office listed below.\**

(Appanoose County Family Alliance - Community Partnership for Protecting Children (CPPC))  
501 N. 12th St., Centerville, IA 52544 Phone: 641-856-3885

## **Iowa Coalition Against Sexual Assault (CASA)**

*IowaCASA provides a bridge between advocates at sexual assault service programs, statewide policy makers, and federal responses to sexual violence and violence against women.*

3030 Merle Hay Rd.  
Des Moines, IA 50310  
Phone: 515-244-7424

Website: [www.iowacasa.org](http://www.iowacasa.org)

## **Polk County Crisis and Advocacy Services**

*Assistance for victims of sexual assault and other violent crimes*

2309 Euclid Ave.  
Des Moines, IA 50310  
Phone: 515-286-3600

Website: [www.polkcountyiowa.gov](http://www.polkcountyiowa.gov)  
Fax: 515-286-2032

## **Iowa ARCh (Iowa Affirmation & Resources Chat)**

*Chatroom for survivors of sexual violence and their loved ones-open 9:00am-9:00pm CST*

Website: [www.iowaarch.org](http://www.iowaarch.org)

## **ADVOCACY/OUTREACH/REFERRAL**

### **Appanoose County ISU Extension & Outreach**

*Provides information regarding agriculture, business and continuing education*

501 N. 12th St., Suite 4  
Centerville, IA 52544  
Phone: 641-856-3885

Website: [www.extension.iastate.edu/appanoose](http://www.extension.iastate.edu/appanoose)

### **Sieda Community Action**

*Provides utility assistance and home weatherization for low income families, substance abuse programs, tobacco cessation (Stop smoking help and prevention information, education and referral)*

111 N. Main St.  
Centerville, IA 52544  
Phone: 641-856-8437

Website: [www.sieda.org](http://www.sieda.org)  
Quitline Iowa: 1-800 QUIT NOW  
Quitline Website: [www.quitlineiowa.org](http://www.quitlineiowa.org)

## **Heartland Pregnancy Center**

*Offers the following FREE services: pregnancy tests, pregnancy counseling, information about pregnancy, abortion, adoption, and STDs, support throughout your pregnancy, counseling and referrals for adoption, educational classes, referrals for legal aid, medical care, and social services, and a baby boutique which has baby clothing, furniture, and maternity clothing.*

101 S. Market St.  
Ottumwa, IA 52501  
Phone: 641-683-3030

Website: [www.ottumwachoices.com](http://www.ottumwachoices.com)  
24/7 Hotline: 966-277-3472

## **Consumer Credit of Des Moines**

*Bankruptcy education, credit counseling, foreclosure mitigation, and first-time home buyer counseling.*

6129 SW 63<sup>rd</sup> St.  
Des Moines, IA 50321  
Phone: 515-287-6428 or 800-955-5765

Website: [www.consumercredit-dm.com](http://www.consumercredit-dm.com)

## **ASSISTANCE - Clothing**

### **Hope Chest Thrift Store**

*Low cost household and clothing items*

1003 N. 18<sup>th</sup> St.  
Centerville, IA 52544

Website: [www.newhopeministrycc.org](http://www.newhopeministrycc.org)  
Phone: 641-437-4900

### **Second Time Around**

*Low cost household and clothing items*

110 W. Jackson St.  
Centerville, IA 52544

Phone: 641-437-7355

### **Goodwill - Ottumwa**

*Low cost household and clothing items*

850 N. Quincy Ave.  
Ottumwa, IA 52501

Website: [www.goodwill.org](http://www.goodwill.org)  
Phone: 641-682-4704

## **ASSISTANCE - Food & Nutrition**

### **APC Food Pantry**

*Available to citizens of Appanoose County. Must meet income guidelines for emergency food assistance and provide proof of income, Social Security card, & ID.*

Apostolic Pentecostal Church  
1307 W. Washington St.  
Centerville, IA 52544

*Fridays at 1:00pm*  
Website: [www.centervilleapc.com](http://www.centervilleapc.com)  
Phone: 641-856-8244

### **Appanoose County Lord's Cupboard**

*Food Pantry*

417 N. 12<sup>th</sup> St.  
Centerville, IA 52544

Phone: 641-856-3547 or 641-895-7646



## **Centerville Senior Center**

Milestones Area Agency on Aging - Congregate Meal Site & Home Delivered Meals

922 W. State St.

Centerville, IA 52544

Phone: 641-856-8627

## **Indian Hills Community College**

*Food Assistance Employment & Training Program. Both campuses have a food pantry available to students.*

Ottumwa Campus

525 Grandview Ave.

Ottumwa, IA 52501

Phone: 641-683-5131

Website: [www.indianhills.edu](http://www.indianhills.edu)

Centerville Campus

721 N. 1st St.

Centerville, IA 52544

Phone: 641-856-2143

Toll Free: 800-670-3641

## **Iowa Department of Human Services - Food Assistance Application**

Can pick up paper applications at Appanoose County Public Health – 209 E. Jackson Street Centerville, IA

Mail or Fax Application to:

Imaging Center 4

PO Box 2027

Cedar Rapids, IA 52406

Phone: 319-892-6700 or 866-534-3112

Apply online: [www.secureapp.dhs.state.ia.us/oasis/OASIS0100.aspx](http://www.secureapp.dhs.state.ia.us/oasis/OASIS0100.aspx)

PDF Application: [www.dhs.iowa.gov/sites/default/files/470-0462.pdf?082220192134](http://www.dhs.iowa.gov/sites/default/files/470-0462.pdf?082220192134)

Website: [www.dhs.iowa.gov/food-assistance](http://www.dhs.iowa.gov/food-assistance)

Fax: 515-564-4017

## **Women, Infant & Children Nutrition Program (WIC)**

*For children 0-5 years old and women who are pregnant, breastfeeding or just had a baby. This program provides nutritional education and checks to families to purchase baby formula, milk, eggs and other healthy foods. (American Home Findings manages this program for Appanoose County)*

Main Office

333 Church St.

Ottumwa, IA 52501

Phone: 641-682-8784

Toll Free: 800-452-1098

WIC Clinic Location

River Hills Community Health Center

1015 N. 18th St., Suite C

Centerville, IA 52544

Phone: 641-680-2001

## **ASSISTANCE – General**

### **Appanoose County General Assistance Office**

*Limited financial assistance for eligible (poor or in need) citizens of Appanoose County.*

209 E. Jackson St., PO Box 271

Centerville, IA 52544

Phone: 641-856-7431

Website: [www.appanoosecounty.net](http://www.appanoosecounty.net)

### **Appanoose County Community Services/South Central Behavioral Health Region**

*Limited financial assistance for eligible persons in Appanoose County with a mental health diagnosis.*

209 E. Jackson St.

Centerville, IA 52544

Phone: 641-856-2085

Email: [Stephanie.koch@scbhr.net](mailto:Stephanie.koch@scbhr.net)

Website: [www.scbhr.org](http://www.scbhr.org)

Fax: 641-856-4007

## **Department of Human Services (Appanoose County)**

*Offers child and adult protective services, alternate living, state assistance*

209 E. Jackson St.

Centerville, IA 52544

Phone: 641-682-8793

Website: [www.dhs.iowa.gov](http://www.dhs.iowa.gov)

*\*By appointment only – served by the Ottumwa DHS office*

## **Sieda Community Action**

*Provides utility assistance and home weatherization for low-income families*

111 N. Main St.

Centerville, IA 52544

Phone: 641-856-8437

Website: [www.sieda.org](http://www.sieda.org)

## **Social Security Administration**

2429 Northgate St., Suite A

Ottumwa, IA 52501

Phone: 866-964-7394

Website: [www.ssa.gov](http://www.ssa.gov)

## **CAMPS**

### **Camp Appanoose**

*Offers a variety of programs for youth ages 8-18. Participants are challenged to pursue their interests, develop their unique gifts, and serve others. Each program is educational and is integrated with Biblical teaching.*

13380 430th St.

Plano, IA 52581

Phone: 641-649-2491

Email: [cabar@campappanoose.org](mailto:cabar@campappanoose.org)

Website: [www.campappanoose.org](http://www.campappanoose.org)

Fax: 641-649-2481

### **Wesley Woods Camp & Retreat Center**

*Offers summer camps, an equestrian center, and a retreat center.*

10896 Nixon St.

Indianola, IA 50125

Phone: 866-684-7753

Email: [wesleywoods.camp@iaumc.org](mailto:wesleywoods.camp@iaumc.org)

Website: [www.WesleyWoodsIowa.org](http://www.WesleyWoodsIowa.org)

### **Lake View Camp & Conference Center**

*Summer camps for children/adults, year-round work trip opportunities & a quiet place for retreats & gatherings.*

Office

PO Box 836

Pella, IA 50219

Phone: 641-628-2160

Camp Address

1797 Hwy T17

Tracy, IA 50256

Website: [www.lakeviewconference.com](http://www.lakeviewconference.com)

## **CHILD CARE - Child Care Centers**

### **Curious Kids Preschool and Child Care Center**

505 E. Walsh

Centerville, IA 52544

Phone: 641-856-2918

Website: [www.mbcuriouskids.com](http://www.mbcuriouskids.com)

Email: [michelleflowers2003@yahoo.com](mailto:michelleflowers2003@yahoo.com)

## **Kid's World Daycare and Preschool**

722 N. 1st St.

Centerville, IA 52544

Phone: 641-437-1500

## **CHILD CARE – Referrals and Assistance**

### **Iowa Child Care Resource & Referral of Central Iowa**

*Helps parents find child care. Provides home providers, centers and preschools with consultation, staff training, registration/licensure information, and resources to improve the quality of care provided.*

Orchard Place

808 5th Ave.

Des Moines, IA 50309

Parent Referral Line: 855-CHILD-01(244-5301)

Website: [www.iowaccrr.org](http://www.iowaccrr.org)

Regional Office: 800-722-7619

Local Consultant: 641-820-1922

### **Iowa Department of Human Services - Child Care Assistance Application**

*Can pick up paper applications at Appanoose County Public Health – 209 E. Jackson Street Centerville, IA*

**Mail completed application to:** Human Services River Place Office

2309 Euclid Avenue

Des Moines, IA 50310

Phone: 866-448-4605

Apply online: [www.secureapp.dhs.state.ia.us/oasis/OASIS0100.aspx](http://www.secureapp.dhs.state.ia.us/oasis/OASIS0100.aspx)

PDF Application: [www.dhs.iowa.gov/sites/default/files/470-0462.pdf?082220192134](http://www.dhs.iowa.gov/sites/default/files/470-0462.pdf?082220192134)

Website: [www.dhs.iowa.gov/child-care](http://www.dhs.iowa.gov/child-care)

Fax: 515-564-4032

## **COMMUNITY GROUPS & ORGANIZATIONS**

### **4H Program**

ISU Extension and Outreach Office

501 N. 12th St., #4

Centerville, IA 52544

Phone: 641-856-3885

Website: [www.extension.iastate.edu/appanoose/4h](http://www.extension.iastate.edu/appanoose/4h)

### **Appanoose County Historical Society (& Historical Coal Mining Museum)**

*Replica mines, mining exhibits and a mining video in basement level. Also features local history, including military, textiles and fine arts. Housed in 1903 post office.*

100 W. Maple St.

Centerville, IA 52544

Phone: 641-856-8040

Website: [www.appanoosehistory.com](http://www.appanoosehistory.com)

### **Boy Scouts**

6123 Scout Trail

Des Moines, IA 50321

Phone: 515-266-2135

Website: [www.midiowacouncilbsa.org](http://www.midiowacouncilbsa.org)

### **Centerville-Rathbun Lake Area Chamber of Commerce**

128 N. 12th St.  
Centerville, IA 52544  
Phone: 641-437-4102

Website: [www.centervilleia.com](http://www.centervilleia.com)

### **Furever Friends Rescue of Appanoose County, Inc.**

PO Box 663  
Centerville, IA 52544

Website: [www.FureverFriendsRescueofAppanoose.org](http://www.FureverFriendsRescueofAppanoose.org)

### **Centerville Rotary Club**

*Meets every Wednesday at noon.*

#### Vermillion Acres

24256 Hwy 5  
Centerville, IA 52544

Website: [www.Rotary6000.org](http://www.Rotary6000.org)

### **Drake Public Library**

*Youth reading programs, preschool story time, computer labs, test proctoring, genealogy research, meeting rooms, a 'book nook,' and online research.*

115 Drake Ave.  
Centerville, IA 52544  
Phone: 641-856-6676

Website: [www.drakepubliclibrary.org](http://www.drakepubliclibrary.org)

Fax: 641-856-6135

### **Farmer's Market**

*Runs the first Wednesday in June - around the end of September. Every Wednesday (3pm-5pm) on the Levee (South 18th Street by Centerville Produce) & Every Saturday (10am-Noon) on the corner of Hwy 2 & Main St.*  
Phone: 641-856-9303 (Crystal Smith)

### **Girl Scouts of Greater Iowa**

10715 Hickman Rd.  
Des Moines, IA 50322  
Phone: 515-278-2881

Website: [www.girlscoutsiowa.org](http://www.girlscoutsiowa.org)

Toll Free: 800-342-8389

### **NAMI South Central Iowa**

*Local mental health organization raising awareness, providing education, and offering support groups.*

Chapter Meetings held at: St. Mary's Discipleship Center

828 S. 18th St.  
Centerville, IA 52544  
Phone: 641-216-3114

Website: [www.NAMI.org](http://www.NAMI.org)

## **DISABILITY SERVICES**

### **Appanoose County Community Services/South Central Behavioral Health Region**

*Limited financial assistance for eligible persons in Appanoose County with a mental health diagnosis.*

209 E. Jackson St.  
Centerville, IA 52544  
Phone: 641-856-2085

Email: [Stephanie.koch@scbhr.net](mailto:Stephanie.koch@scbhr.net)

Website: [www.scbhr.org](http://www.scbhr.org)

Fax: 641-856-4007

### **Centerville Community Betterment, Inc.**

*Provides counseling for children & adults, residential services, adult day care, HCBS waiver services, supported employment, habilitation services, and 24 hour/hourly services.*

1111 N. Haynes Ave.  
Centerville, IA 52544

Website: [www.centervillecommunitybetterment.com](http://www.centervillecommunitybetterment.com)  
Phone: 641-437-1051

### **Tenco**

*Serves individuals with MI/BI/ID and with waivers, residential services up to 24 hours per day, day programming, and supported employment.*

102 W. Washington St.  
Centerville, IA 52544  
Phone: 641-437-1722

Website: [www.tenco.org](http://www.tenco.org)  
Fax: 641-437-1028

### **Optimae Life Services & Recovery and Resource Center**

*Offers community services, intensive psychiatric rehabilitation, behavioral health services, home and community based services (HCBS), group therapy, Recovery Center (M-F for anyone with a MH condition), and free lunch Monday-Friday.*

209 E. Maple St., Unit 9  
Centerville, IA 52544  
Phone: 641-216-8227

Website: [www.optimaelifeservices.com](http://www.optimaelifeservices.com)

### **First Resources Corporation**

*Services for people with disabilities, families, and mental health & substance abuse treatment/recovery services*

310 W Washington St., Suite 2  
Centerville, IA 52544  
Phone: 641-856-5382

Website: [www.firstresources.us](http://www.firstresources.us)  
Fax: 641-856-2372

### **Southern Iowa Independent Living**

*Provides Supported Community Living services for people who qualify for the HCBS ID or BI Waivers in a residential setting up to 24-hour assistance.*

1024 N. 18th St., PO Box 1066  
Centerville, IA 52544  
Phone: 641-895-6894 or 641-895-6893

Email: [beworth.siil@gmail.com](mailto:beworth.siil@gmail.com)

### **New Hope Loan Closet**

*Variety of Medical Equipment available to borrow at no charge.*

1003 N. 18th St.  
Centerville, IA 52544  
Phone: 641-856-3326

Website: [www.newhopeministrycc.org](http://www.newhopeministrycc.org)

### **Child Health Specialty Clinic**

123 E. Third St., Suite 2  
Ottumwa, IA 52501  
Phone: 641-682-8145

Website: [www.chcsi.org](http://www.chcsi.org)  
Fax: 641-682-8857

### **Southern Iowa Resources for Families**

615 N. Washington  
Corydon, IA 50060  
Phone: 641-872-1411

## **Iowa Compass**

*Information for Iowans with disabilities and the people that work with them*

100 Hawkins Dr., Suite 295

Iowa City, IA 52242

Website: [www.iowacompass.org](http://www.iowacompass.org)

Phone: 800-779-2001 (Dial 711 for Relay) E-mail: [iowa-compass@uiowa.edu](mailto:iowa-compass@uiowa.edu)

## **Disability Rights IOWA**

*Iowa Protection and Advocacy Services*

400 E. Court Ave., Suite 300

Website: [www.disabilityrightsiowa.org](http://www.disabilityrightsiowa.org)

Des Moines, IA 50309

Toll Free: 800-779-2502

Phone: 515-278-2502 (Dial 711 for Relay)

## **Iowa Vocational Rehabilitation Services**

*Work for and with individuals who have disabilities to achieve their employment, independence and economic goals.*

15260 Truman St., Suite 4

Ottumwa, IA 52501

Website: [www.ivrs.iowa.gov](http://www.ivrs.iowa.gov)

Phone: 641-682-7569

Fax: 641-682-6219

## **DISASTER ASSISTANCE**

### **American Red Cross**

2116 Grand Ave.

Des Moines, IA 50312

Website: [www.redcross.org](http://www.redcross.org)

Phone: 515-243-7681

### **Iowa Individual Disaster Assistance Program**

PDF Application: [www.dhs.iowa.gov/sites/default/files/470-4448%20Fillable.pdf?082220192218](http://www.dhs.iowa.gov/sites/default/files/470-4448%20Fillable.pdf?082220192218)

Return Application to:

Sieda Community Action - Appanoose County Outreach Center

111 N. Main St., PO Box 383

Centerville, IA 52544

Website: [www.dhs.iowa.gov/disaster-assistance-programs](http://www.dhs.iowa.gov/disaster-assistance-programs)

Phone: 641-856-8437

Disaster Assistance Phone: 866-434-4692

## **EDUCATION - Preschool**

### **Centerville Community Preschool**

603 N. 10<sup>th</sup> St.

Centerville, IA 52544

Phone: 641-856-0749

### **Curious Kids Preschool and Child Care Center**

505 E. Walsh

Centerville, IA 52544

Website: [www.mbcuriouskids.com](http://www.mbcuriouskids.com)

Phone: 641-856-2918

Email: [michelleflowers2003@yahoo.com](mailto:michelleflowers2003@yahoo.com)

## **Kid's World Daycare and Preschool**

722 N. 1st St.

Centerville, IA 52544

Phone: 641-437-1500

## **EDUCATION - Elementary, Middle, and High School**

### **Centerville Community School District**

634 N. Main St.

Centerville, IA 52544

Phone: 641-856-0601 (Administration Office)

Website: [www.centervilleschools.org](http://www.centervilleschools.org)

#### Central Ward Elementary (K - 1st)

320 Drake Ave.

Centerville, IA 52544

Phone: 641-856-0709

#### Lakeview Elementary (2nd - 5th)

1800 S. 11th St.

Centerville, IA 52544

Phone: 641-856-0637

#### Howar Middle School (6th - 8th)

850 S. Park

Centerville, IA 52544

Phone: 641-856-0760

#### Centerville High School (9th - 12th)

600 CHS Dr.

Centerville, IA 52544

Phone: 641-856-0813

### **Moravia Community School District**

505 N Trussell Ave

Moravia, IA 52571

Phone: 641-724-3241

Website: [www.moravia.k12.ia.us](http://www.moravia.k12.ia.us)

Fax: 641-724-0629

### **Moulton-Udell Community School District**

305 East 8th Street

Moulton, IA 52572

Phone: 641-642-8131

Website: [www.moulton-udell.org](http://www.moulton-udell.org)

Fax: 641-642-3461

## **EDUCATION - College**

### **Indian Hills Community College**

#### Ottumwa Campus

525 Grandview Ave.

Ottumwa, IA 52501

Phone: 641-683-5111

Toll Free: 800-726-2585

Website: [www.indianhills.edu](http://www.indianhills.edu)

#### Centerville Campus

721 N. 1st St.

Centerville, IA 52544

Phone: 641-856-2143

Toll Free: 800-670-3641

## **EDUCATION - Family-Based**

### **Appanoose County ISU Extension & Outreach**

*Provide research-based learning opportunities on agriculture, business, family, and continuing education.*

501 N. 12th St., Suite 4

Centerville, IA 52544

Phone: 641-856-3885

Website: [www.extension.iastate.edu/appanoose](http://www.extension.iastate.edu/appanoose)

### **Sieda Community Action**

*Family Development and Self-Sufficiency; Parenting Wisely – Young Children*

111 N. Main St.

Centerville, IA 52544

Phone: 641-856-8437

Website: [www.sieda.org](http://www.sieda.org)

### **Parents as Teachers**

*Early childhood parent education and family support program offering in-home parental education*

603 N. 10th St.

Centerville, IA 52544

Phone: 641-895-0800

Website: [www.scicap.org](http://www.scicap.org)

### **Indian Hills Community College - Court Mandated Programs & Continuing Ed**

*Provides court mandated classes such as: anger management, children in between, drinking drivers (12hr), and driving improvement classes. Also offers continuing education classes for a variety of careers.*

#### Ottumwa Campus

525 Grandview Ave.

Ottumwa, IA 52501

Phone: 641-683-5111

Toll Free: 800-726-2585

Website: [www.indianhills.edu](http://www.indianhills.edu)

#### Centerville Campus

721 N. 1st St.

Centerville, IA 52544

Phone: 641-856-2143

Toll Free: 800-670-3641

### **NEST**

*Parent education and support program that helps families through their parenting journey while also offering incentive points that spend like money in the NEST store.*

501 N. 12th St., Suite 4

Centerville, IA 52544

Phone: 641-856-3885



## **EDUCATION – Special Services**

### **Great Prairie AEA (Albia)**

*Consultation for families and students with disabilities*

103 South A Street, P.O. Box 217

Albia, IA 52531

Phone: 641-932-5003

Website: [www.gpaea.org](http://www.gpaea.org)

Toll Free: 800-622-0027

### **Indian Hills Community College**

*Iowa Food Assistance Employment & Training Program (PACE-Pathways for Academic Careers and Employment)*

Ottumwa Campus

525 Grandview Ave.

Ottumwa, IA 52501

Phone: 641-683-5131

Website: [www.indianhills.edu/payingforcollege/pace.php](http://www.indianhills.edu/payingforcollege/pace.php)

Email: [pace@indianhills.edu](mailto:pace@indianhills.edu)

## **ELECTED OFFICIALS**

### **Appanoose County - Board of Supervisors**

201 N. 12<sup>th</sup> St.

Centerville, IA 52544

Phone: 641-856-5512

Website: [www.appanoosecounty.net](http://www.appanoosecounty.net)

Fax: 641-437-5490

### **City of Centerville - City Council**

312 E. Maple St.

Centerville, IA 52544

Phone: 641-437-4339

Website: [www.centerville-ia.org](http://www.centerville-ia.org)

### **US Representative - David Loeb sack**

Iowa City Office

125 S. Dubuque St.

Iowa City, IA 52240

Phone: 319-351-0789

Fax: 319-351-5789

Washington, DC Office

1527 Longworth House Office Bldg.

Washington, DC 20515

Phone: 202-225-6576

Fax: 202-226-0757

Website: [www.loeb sack.house.gov](http://www.loeb sack.house.gov)

### **US Senator - Joni Ernst**

Des Moines Office

733 Federal Bldg.

210 Walnut St.

Des Moines, IA 50309

Phone: 515-284-4574

Fax: 515-284-4937

Washington, DC Office

111 Russell Senate Office Bldg.

Washington, DC 20510

Phone: 202-224-3254

Fax: 202-224-9369

Website: [www.ernst.senate.gov](http://www.ernst.senate.gov)

### **US Senator - Charles Grassley**

Des Moines Office  
721 Federal Bldg.  
210 Walnut St.  
Des Moines, IA 50309  
Phone: 515-288-1145  
Fax: 515-288-5097

Washington, DC Office  
135 Hart Senate Office Bldg.  
Washington, DC 20510  
Phone: 202-224-3744  
Fax: 202-224-6020  
Website: [www.grassley.senate.gov](http://www.grassley.senate.gov)

### **State Representative - Holly Brink**

1007 E. Grand Ave.  
Des Moines, IA 50319  
Phone: 515-281-3221

Website: [www.legis.iowa.gov](http://www.legis.iowa.gov)  
Fax: 515-281-5868

### **State Senator - Ken Rozenboom**

1007 E. Grand Ave.  
Des Moines, IA 50319  
Phone: 515-281-3371

Website: [www.legis.iowa.gov](http://www.legis.iowa.gov)  
Fax: 515-242-6108

## **EMPLOYMENT SERVICES**

### **Iowa Workforce Development**

1000 E. Grand Ave.  
Des Moines, IA 50319  
Phone: 515-281-3747

Website: [www.iowaworkforcedevelopment.gov](http://www.iowaworkforcedevelopment.gov)

### **Iowa Staffing**

717 N. 18<sup>th</sup> St.  
Centerville, IA 52544  
Phone: 641-569-7900

Website: [www.iowa-staffing.com](http://www.iowa-staffing.com)

### **QPS Employment Group**

1121 S. 18<sup>th</sup> St.  
Centerville, IA 52544  
Phone: 641-437-4937

Website: [www.qpsemployment.com](http://www.qpsemployment.com)

### **Star Staffing & HR Services**

219 E. State St.  
Centerville, IA 52544  
Phone: 641-856-8820

### **Iowa Works of Ottumwa**

15260 Truman St.  
Ottumwa, IA 52501  
Phone: 641-684-5401

Website: [www.iowaworkforcedevelopment.gov](http://www.iowaworkforcedevelopment.gov)

## **Experience Works, Inc.**

2973 100th St., Suite 8  
Urbandale, IA 50322  
Phone: 515-243-2430

Website: [www.experienceworks.org](http://www.experienceworks.org)  
Toll Free: 877-314-7385

## **Home Base Iowa**

*Provides veterans and transitioning service members and their families with opportunities and benefits for a successful transition in Iowa — a place to call home.*

Phone: (515) 822-8951

Website: [www.homebaseiowa.gov](http://www.homebaseiowa.gov)

## **Project Iowa**

*Offers support and training services to Iowans seeking better careers.*

1420 Mulberry St.  
Des Moines, IA 50309  
Phone: 515-280-1274

Website: [www.projectiowa.org](http://www.projectiowa.org)

## **Job Corp Office**

Phone: 800-733-5627

Website: [www.jobcorps.gov](http://www.jobcorps.gov)

## **Iowa Vocational Rehabilitation**

*Work for & with individuals who have disabilities to achieve their employment, independence & economic goals.*

15260 Truman Dr., Suite 4  
Ottumwa, IA 52501  
Phone: 641-682-7569

Website: [www.ivrs.iowa.gov](http://www.ivrs.iowa.gov)

## **HEALTH CARE ASSISTANCE**

### **Affordable Care Act**

Health Insurance Marketplace  
Dept. of Health and Human Services  
465 Industrial Blvd.  
London, KY 40750-0001  
Phone: 800-318-2596 (National)

Website: [www.healthcare.gov](http://www.healthcare.gov)  
Iowa Website: [www.healthinsurance.org/iowa](http://www.healthinsurance.org/iowa)

Phone: 844-342-6604 (State)

### **Extra Help with Medicare Prescription Drug Costs**

*You may be able to get extra help to pay for the monthly premiums, annual deductibles, and co-payments related to the Medicare Prescription Drug program. However, you must be enrolled in a Medicare Prescription Drug plan to get this extra help.*

Website: [www.ssa.gov/benefits/medicare/prescriptionhelp](http://www.ssa.gov/benefits/medicare/prescriptionhelp)

Apply Online: [www.secure.ssa.gov/i1020/start](http://www.secure.ssa.gov/i1020/start)

Phone: 800-772-1213

TTY: 800-325-0778

**Note:** You *DO NOT* need to complete this application if you have Medicare *and* Supplemental Security Income (SSI) or Medicare *and* Medicaid because you automatically will get the extra help.

## **Hawki (Healthy & Well Kids in Iowa) & Hawki Dental Only**

*To qualify, a child must live in Iowa and: Be under 19 years old; Have no other health insurance; Be a citizen of the United States or a qualified alien; Be in a family that meets the hawk-i income limits; Cannot be the dependent of a State of Iowa employee; Children who qualify for Medicaid cannot get hawk-i*

Marion County Public Health

2003 N. Lincoln, PO Box 152

Knoxville, IA 50138

Phone: 641-828-2238

Website: [www.marionph.org](http://www.marionph.org)

Fax: 641-842-3442

## **Health Insurance Plan of Iowa (HIPIOWA)**

*Provides Health Insurance coverage to Iowa residents who have been denied coverage*

PO Box 1090

Great Bend, KS 67530

Phone: 877-793-6880

Website: [www.hipiowa.com](http://www.hipiowa.com)

## **Iowa Department of Human Services - Medicaid Application**

Can pick up paper applications at Appanoose County Public Health – 209 E. Jackson Street Centerville, IA  
*Medicaid applications and questions*

Mail or Fax Application to:

Imaging Center 4

PO Box 2027

Cedar Rapids, IA 52406

Phone: 641-684-3900 or 888-338-6067

Phone: 319-892-6700 or 866-534-3112

Apply online: [www.dhsservices.iowa.gov/apspspp/spp.portal](http://www.dhsservices.iowa.gov/apspspp/spp.portal)

PDF application: [www.dhs.iowa.gov/sites/default/files/470-5170.pdf?082220192125](http://www.dhs.iowa.gov/sites/default/files/470-5170.pdf?082220192125)

Website: [www.dhs.iowa.gov](http://www.dhs.iowa.gov)

Fax: 515-564-4017

## **Senior's Health Insurance Information Program (SHIIP)**

*A free, confidential service that helps Iowans make informed decisions about Medicare and other health coverage.*

MercyOne Centerville Medical Center

One St. Joseph's Drive

Centerville, IA 52544

Phone: 641-437-3411 (Local)

Website: [www.shiip.state.ia.us](http://www.shiip.state.ia.us)

Phone: 800-351-4664 (State)

## **HEALTH CARE SERVICES - Chiropractic**

### **Heffron Chiropractic Office-Centerville**

116 E. Jackson St.

Centerville, IA 52544

Phone: 641-437-4278

### **Tubaugh Family Chiropractic Clinic**

1114 N. Haynes Ave.

Centerville, IA 52544

Phone: 641-437-4433

Website: [www.tubaughfamilychiropractic.com](http://www.tubaughfamilychiropractic.com)

**Dr. Richard Eckles, DC**

717 N. 18th St., Suite 6  
Centerville, IA 52544  
Phone: 641-856-9165

**HEALTH CARE SERVICES - Dental**

**Davis Dental, PC**

112 N. 10th St.  
Centerville, IA 52544 Phone: 641-856-8643

**Dr. Ron Harshman, DDS**

501 W. Jackson St.  
Centerville, IA 52544 Phone: 641-856-5352

**Hindley Dental, DDS**

203 W. Washington St.  
Centerville, IA 52544 Phone: 641-856-4103

**River Hills Community Health Center**

1015 N. 18th St. Website: [www.riverhillshealth.org](http://www.riverhillshealth.org)  
Centerville, IA 52544 Phone: 641-856-4400

**I-Smile™** (*Dental services for 0-21 or pregnant women*)

Appanoose County Public Health

209 E. Jackson St.  
Centerville, IA 52544 Phone: 641-437-4332

Marion County Public Health (*Marion County PH manages this program for Appanoose County*)

2003 N. Lincoln Website: [www.marionph.org](http://www.marionph.org)  
Knoxville, IA 50138 Phone: 641-828-2238

**HEALTH CARE SERVICES – Home Health Services**

**Appanoose Community Care Services**

*Home health aides, homemakers, and lifelines/mobile Life Assist units.*

19890 St. Joseph's Dr.  
Centerville, IA 52544 Website: [www.appanoosecareservices.com/home-care](http://www.appanoosecareservices.com/home-care)  
Phone: 641-437-3474

**Caregivers Home Health**

*Skilled care nursing services, home health aides, homemakers, & OT/PT services*

19999 St. Joseph's Dr.  
Centerville, IA 52544  
Phone: 641-437-1117

### **EveryStep Home Care**

*Skilled care nursing services, home health aides, homemakers, & OT/PT services*

101 E. Van Buren St.

Centerville, IA 52544

Website: [www.everystep.org](http://www.everystep.org)

Phone: 641-856-5502 / 515-558-9591 / 855-867-4692

### **MercyOne Home Care**

*Skilled care nursing services, home health aides, & OT/PT services*

500 SW 7<sup>th</sup> St., Suite 104

Des Moines, IA 50309

Website: [www.mercyone.org/desmoines/health-and-wellness/home-care](http://www.mercyone.org/desmoines/health-and-wellness/home-care)

Phone: 515-643-8383

### **Happy Home Respite Services, LLC.**

*Behavioral Health Agency serving Southern Iowa. Provides Home & Community Based Habilitation, Children's Mental Health Respite, and Intellectual Disability Respite services. Must have Medicaid insurance.*

Centerville, IA 52544

Phone: 641-436-7807 or 641-895-4697 Fax: 641-216-8216

### **Southern Iowa Independent Living**

*Provides Supported Community Living services for people who qualify for the HCBS ID or BI Waivers in a residential setting up to 24-hour assistance.*

1024 N. 18<sup>th</sup> St., PO Box 1066

Centerville, IA 52544

Email: [beworth.siil@gmail.com](mailto:beworth.siil@gmail.com)

Phone: 641-895-6894 or 641-895-6893

### **Interim Healthcare**

*Skilled care nursing services, home health aides, homemakers, & OT/PT services*

209 N Clinton St.

Albia, IA 52531

Website: [www.interimhealthcare.com](http://www.interimhealthcare.com)

Phone: 641-932-2513

### **Iowa Home Care**

*Skilled care nursing services, home health aides, medication setup, and PT/OT/ST services.*

13133 Angle Rd.

Ottumwa, IA 52501

Website: [www.iowahomecare.com](http://www.iowahomecare.com)

Phone: 641-226-5050 or 855-229-2462 Fax: 641-226-5699

## **HEALTH CARE SERVICES - Home Medical Supplies**

### **NuCara Home Medical (Formerly Hammer Medical)**

Chariton Location

914 Court Ave.

Chariton, IA 50044

Phone: 641-774-4600 / F:641-774-5600

Ottumwa Location

613 East Pennsylvania Ave.

Ottumwa, IA 52501

Phone: 641-684-6800 / F:641-684-6682

Website: [www.nucara.com](http://www.nucara.com)

## **Hometown Medical & Equipment**

1903 Main St.  
Unionville, MO 63565

Phone: 660-947-4348

## **Appanoose Community Care Services**

*Lifelines and mobile Life Assist personal emergency response devices.*

19890 St. Joseph's Dr.  
Centerville, IA 52544  
Phone: 641-437-3474

Website: [www.appanoosecareservices.com/lifeline](http://www.appanoosecareservices.com/lifeline)

## **New Hope Loan Closet**

1003 N. 18<sup>th</sup> St.  
Centerville, IA 52544  
Phone: 641-856-3326

## **Cedar Valley Mobility**

8832 Swanson Blvd., Suite L  
Clive, IA 50325  
Phone: 515-440-6641

Website: [www.mobilitystore.com](http://www.mobilitystore.com)

## **NuCara Pharmacy**

107 W. Main St.  
Ottumwa, IA 52501  
Phone: 641-684-5453

Website: [www.nucara.com](http://www.nucara.com)

## **American Home Patient**

2604 N. Court, Suite B  
Ottumwa, IA 52501  
Phone: 641-684-8555

Website: [www.ahom.com](http://www.ahom.com)  
Toll Free: 800-926-8555

## **Life Alert**

Phone: 800-360-0329

Website: [www.lifealert.com](http://www.lifealert.com)

## **HEALTH CARE SERVICES - Hospice**

### **EveryStep Hospice**

*Promoting dignity, independence, and quality of life for all through education, compassion, and effective community-based care*

101 E. Van Buren St.  
Centerville, IA 52544  
Phone: 641-856-5502

Website: [www.everystep.org](http://www.everystep.org)

### **Care Initiatives Hospice**

*Offers end of life counseling and support for patients, patient families and those losing a loved one*

4 S. Main St.  
Albia, IA 52531  
Phone: 877-577-8222

Website: [www.careinitiatives.org](http://www.careinitiatives.org)  
Fax: 641-932-3488

### **Circle of Life Hospice & Legacy Lodge**

*Dedicated to meeting the physical, emotional, and spiritual needs of patients and their families. Provides care in the home, facility, or in Circle of Life's Legacy Lodge, located in Chariton.*

220 Northwestern Ave.

Chariton, IA 50049

Phone: 641-774-3490

Website: [www.colhospice.org](http://www.colhospice.org)

Fax: 641-774-2939

## **HEALTH CARE SERVICES – Medical (Hospital & Clinics)**

### **MercyOne Centerville Medical Center (Hospital)**

One St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-437-4111

Website: [www.mercyone.org/centerville](http://www.mercyone.org/centerville)

Emergency: 911

### **Chariton Valley Medical Center**

707 S. Main St.

Centerville, IA 52544

Phone: 641-437-4344

### **MercyOne Centerville Medical Clinic**

*Family practice, surgical, pulmonary specialist, & Quick Care/Walk-In Clinic, offering extended & weekend hours*

19942 St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-856-8684

Website: [www.mercyone.org/centerville](http://www.mercyone.org/centerville)

Fax: 641-856-3009

### **Pediatric Clinic**

707 S. Main St.

Centerville, IA 52544

Phone: 641-856-6780

### **River Hills Community Health Center**

*Provides family practice, dental, and behavioral health services.*

1015 N. 18th St.

Centerville, IA 52544

Phone: 641-856-4400

Website: [www.riverhills.org](http://www.riverhills.org)

### **Southern Iowa Surgical Associates**

707 S. Main St.

Centerville, IA 52544

Phone: 641-856-8100

### **WIC - Women's Health and Family Planning Clinic**

River Hills Community Health Center

1015 N. 18th St.

Centerville, IA 2544

Phone: 641-682-8784

Website: [www.riverhillshealth.org](http://www.riverhillshealth.org)



## **Care for Yourself – Breast & Cervical Cancer Early Detection Program (BCCEDP)**

*Provides free mammograms, pap tests, breast and cervical diagnostic testing, and one yearly office visit to women ages 40 to 64 who are uninsured or under-insured*

### **Appanoose County Public Health**

209 E. Jackson St.  
Centerville, IA 52544

Website: <https://idph.iowa.gov/cfy/public>  
Phone: 641-437-4332

## **Fresenius Medical Care Cline Family Dialysis**

1040 N. 18th St.  
Centerville, IA 52544  
Phone: 641-437-1302

Website: [www.freseniuskidneycare.com](http://www.freseniuskidneycare.com)  
Toll Free: 800-881-5101

## **MercyOne Centerville Medical Clinic – Weight Management**

*Provides tools, resources, and support to promote health through individualized and patient-centered weight management. Self-referrals accepted.*

19942 St. Joseph's Dr.  
Centerville, IA 2544  
Phone: 641-856-8684

Website: [www.mercyone.org/centerville](http://www.mercyone.org/centerville)

## **Ezra Free Clinic**

*Provides free medical care (first come first serve). No proof of insurance needed. 6pm-8:30pm every Tuesday.*

610 East Main St.  
Ottumwa, IA 52501  
Phone: 641-680-4510

## **Infant Care - Text4Baby**

*New and expectant moms receive 3 text messages each week that provide education on topics such as birth defects prevention, immunizations, nutrition and mental health. An app is also available.*

Email: [info@text4baby.org](mailto:info@text4baby.org)

Website: [www.text4baby.org](http://www.text4baby.org)

## **HEALTH CARE SERVICES - Mental Health**

### **Centerville Community Betterment, Inc.**

*Provides crisis stabilization services for mentally ill individuals, counseling for children & adults, residential services, adult day care, HCBS waiver services, supported employment, habilitation services, and 24 hour/hourly services.*

1111 N. Haynes Ave.  
Centerville, IA 52544  
Phone: 641-437-1051

Website: [www.centervillecommunitybetterment.com](http://www.centervillecommunitybetterment.com)

### **Community Health Centers of Southern Iowa**

*Behavioral health intervention services, substance abuse, marriage/individual/group counseling, diagnosing, assessments/evaluations, and medication management*

221 E. State St.  
Centerville, IA 52544  
Phone: 641-856-6471

Website: [www.chcsi.org](http://www.chcsi.org)

Fax: 641-856-2603

Behavioral Health Hotline: 800-708-5129

Substance Abuse Hotline: 641-895-9409

### **First Resources Corporation**

*Services for people with disabilities, families, mental health, supported community living, and substance abuse treatment and recovery services.*

310 W. Washington St., Suite 2

Centerville, IA 52544

Phone: 641-856-5382

Website: [www.firstresources.us](http://www.firstresources.us)

Fax: 641-856-2372

### **New Directions Counseling**

112 N. 12th St.

Centerville, IA 52544

Phone: 641-856-3840

### **New Hope Counseling Center**

1003 N. 18th St.

Centerville, IA 52544

Phone: 641-856-3326

Website: [www.newhopeministrycc.org](http://www.newhopeministrycc.org)

### **Optimae Life Services & Recovery and Resource Center**

*Offers community services, intensive psychiatric rehabilitation, behavioral health services, home and community based services (HCBS), group therapy, Recovery Center (M-F for anyone with a MH condition), and free lunch Monday-Friday.*

209 E. Maple St., Unit 9

Centerville, IA 52544

Phone: 641-216-8227

Website: [www.optimaelifeservices.com](http://www.optimaelifeservices.com)

### **Paula S. Gordy, LISW- LLC**

501 N. 12th St., Suite 1

Centerville, IA 52544

Phone: 641-856-2688

### **River Hills Community Health Center**

*Therapy, medication management, assessments/evaluations, diagnosing, and substance abuse therapy.*

1015 N. 18th St.

Centerville, IA 52544

Phone: 641-856-4400

Website: [www.riverhillshealth.org](http://www.riverhillshealth.org)

### **Sieda Community Action**

*Behavioral health services, substance abuse, gambling treatment/counseling, medication assisted treatment.*

#### Ottumwa Office

310 W. Main St.

Ottumwa, IA 52501

Phone: 641-683-6747 or 800-622-8340

#### Centerville Office

111 N. Main St.

Centerville, IA 52544

Phone: 641-856-3112

Website: [www.sieda.org](http://www.sieda.org)

## **Senior Life Solutions**

*A program dedicated to addressing the emotional and behavioral health of adults over the age of 65. The program is designed to assist individuals suffering from symptoms of depression and anxiety, often related to aging, including: loneliness, hopelessness, crying, restlessness, sadness, coping with loss, decreased energy, difficulty sleeping, low self-confidence, or life transitions. Anyone can refer an individual to the program.*

### MercyOne Centerville Medical Center

19898 St. Joseph's Dr.  
Centerville, IA 52544  
Phone: 641-437-3475

Website: [www.mercyone.org/centerville](http://www.mercyone.org/centerville)

## **Senior Behavioral Care Center**

### Ottumwa Regional Health Center

*Psychiatric inpatient treatment, assessments and interventions for people ages 55+.*

1001 Pennsylvania Ave.  
Ottumwa, IA 52501  
Phone: 641-684-3400

Website: [www.ottumwaregionalhealth.com](http://www.ottumwaregionalhealth.com)

## **Southern Iowa Mental Health Center**

*Behavioral health intervention services, mobile crisis team, 23-hour observation unit, crisis stabilization residential services,*

1527 Albia Road  
Ottumwa, IA 52501  
Phone: 641-682-8772

Website: [www.simchottumwa.org](http://www.simchottumwa.org)  
Mobile Crisis Team: 844-430-8520

## **Foundation 2 Crisis Services**

24-hour Crisis Hotline: 844-430-8520  
Peer Support Line: 844-775-9276

Website: [www.foundation2.org](http://www.foundation2.org)

## **Tenco**

*Serves individuals with MI/BI/ID and with waivers, residential services up to 24 hours per day, day programming, and supported employment.*

102 W. Washington St.  
Centerville, IA 52544  
Phone: 641-437-1722

Website: [www.tenco.org](http://www.tenco.org)  
Fax: 641-437-1028

## **Children and Families of Iowa**

*Offering the following services: domestic violence services, youth and young adult programs, family support programs, early childhood development services, mental health services, integrated health home services, and substance abuse services.*

### Des Moines Office

1111 University Ave.  
Des Moines, IA 50314  
Phone: 515-288-1981  
Website: [www.cfiowa.org](http://www.cfiowa.org)

### Ottumwa Office

111 East Main St.  
Ottumwa, IA 50201  
Phone: 641-954-1233  
Crisis Hotline: 515-243-6147

## **House of Mercy**

*Services provided: transportation, childcare, Behavioral Health Intervention Services (BHIS), Outpatient mental health counseling, addiction counseling services, education and employment assistance, skill development training in communication, parenting, anger management, and nutrition.*

### Des Moines Location

*Offers residential and outpatient treatment (regular & intensive) for substance abuse and mental health. Residential is only available for women and their children.*

1409 Clark St., Des Moines, IA 50314

Phone: 515-643-6500 or 800-796-5730      Fax: 515-643-6598

### Indianola Location

*Offers outpatient treatment (regular and intensive) for substance abuse and mental health.*

310 N. Buxton St., Indianola, IA 50125

Phone: 515-358-7610      Fax: 515-962-1685

### Newton Location

*Offers outpatient treatment (regular and intensive) for substance abuse and mental health.*

200 North 8<sup>th</sup> Avenue East, Newton, IA 50208

Phone: 641-792-0717      Fax: 641-792-0730

## **Dave's Place**

*57 bed intermediate care facility for persons with mental illness that require nursing home level of care.*

3140 Plank Road

Keokuk, IA 52632

Phone: 319-524-1800

Website: [www.lexingtoncaregroup.com](http://www.lexingtoncaregroup.com)

Fax: 319-524-5719

## **Des Moines Pastoral Counseling Center**

*Offers full-range of general and psychotherapy services, fees based upon client's ability to pay*

8553 Urbandale Ave.

Urbandale, IA 50322

Phone: 515-274-4006

E-mail: [info@dmpcc.org](mailto:info@dmpcc.org)

Website: [www.dmpcc.org](http://www.dmpcc.org)

Fax: 515-255-5697

## **Orchard Place Child Guidance Center**

*State-accredited mental health center for children and families*

808 Fifth Ave.

Des Moines, IA 50309

Phone: 515-244-2267

Website: [www.orchardplace.org](http://www.orchardplace.org)

Fax: 515-244-1922

## **Veteran's Crisis Line**

*Connects veterans in a crisis (and their families and friends) with qualified, caring Department of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.*

Phone: 800-273-8255 or Text: 838255

TTY: 800-799-4889

Website: [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

## **Rhonda's House**

*Peer-run Respite Center that provides a safe environment for individuals experiencing a mental health crisis*

1131 Hospital Drive

DeWitt, IA 52742

Phone: 563-659-1171

Website: [www.lifeconnectionsrecovery.org/services](http://www.lifeconnectionsrecovery.org/services)

Fax: 563-659-1178

## **HEALTH CARE SERVICES - Nursing Homes, Assisted/Independent Living**

### **Centerville Specialty Care**

*Nursing Home, Skilled Rehabilitation (PT/OT/ST), Respite, wound care, IV Therapy, Pain Management*

1208 E. Cross St.

Centerville, IA 52544

Phone: 641-856-8651

Website: [www.careinitiatives.org/centerville-specialty-care](http://www.careinitiatives.org/centerville-specialty-care)

### **Golden Age Care Center**

*Nursing Home and Skilled Rehab*

1915 S. 18th St.

Centerville, IA 52544

Phone: 641-856-2757

Website: [www.goldenagecarecenter.com](http://www.goldenagecarecenter.com)

### **MercyOne Centerville Long Term Care**

*Mercy Medical Center operates a 19-bed long term care (nursing home) unit at the hospital. The unit has a waiting list, and potential residents are invited to make application to be placed on the waiting list.*

One St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-437-3300

Website: [www.mercyone.org/centerville](http://www.mercyone.org/centerville)

### **Homestead Assisted Living & Memory Care**

19999 St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-437-1999

Website: [www.homesteadofcenterville.com](http://www.homesteadofcenterville.com)

### **Maple Grove Senior Living**

*Assisted Living*

1917 S. 18th St.

Centerville, IA 52544

Phone: 641-856-6601

Website: [www.goldenagecarecenter.com](http://www.goldenagecarecenter.com)

### **Iowa Veterans' Home**

*Mission is to provide a continuum of care to Iowa's veterans and their spouses in an environment focusing on individualized services to enhance their quality of life. Offers Residential Care and Nursing Home Care.*

1301 Summit St.

Marshalltown, IA 50158

Phone: 641-752-1501 or 800-645-4591

Website: [www.ivh.iowa.gov](http://www.ivh.iowa.gov)

Fax: 641-753-4278

## **HEALTH CARE SERVICES - Rehabilitation**

(Physical, Occupational, or Speech Therapy)

### **MercyOne Centerville Medical Center Physical Therapy**

*Focuses on increasing independence and improving wellness and overall fitness following injury, surgery, disease or the onset of pain. We provide Physical Therapy, Occupational Therapy and Speech Therapy.*

One St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-437-4111

Website: [www.mercyone.org/centerville](http://www.mercyone.org/centerville)

### **Kinetic Edge Physical Therapy**

*Provides PT/OT, worker performance, athletic training, pediatric therapy, and medical fitness services.*

1011 N. 18<sup>th</sup> St.

Centerville, IA 52544

Phone: 641-856-2515

Website: [www.kineticedgept.com](http://www.kineticedgept.com)

Fax: 641-856-2516

### **Centerville Specialty Care**

*Services provided: Physical Therapy, Speech Therapy, Occupational Therapy, and Outpatient Therapy*

1208 E Cross St.

Centerville, IA 52544

Phone: 641-856-8651

Website: [www.careinitiatives.org/centerville-specialty-care](http://www.careinitiatives.org/centerville-specialty-care)

### **Iowa Home Care**

*Skilled care nursing services, home health aides, medication setup, and PT/OT/ST services.*

13133 Angle Rd.

Ottumwa, IA 52501

Phone: 641-226-5050 or 855-229-2462

Website: [www.iowahomecare.com](http://www.iowahomecare.com)

Fax: 641-226-5699

### **Dbl Eagle Therapy Services, LLC**

*Provides physical therapy, occupational therapy, and speech therapy.*

1826 Yale Avenue

What Cheer, IA 50268

Phone: 641-660-8578

Fax: 641-634-2747

## **HEALTH CARE SERVICES – Substance Abuse**

### **Community Health Centers of Southern Iowa**

*Behavioral health intervention services, substance abuse, marriage counseling, individual counseling, group counseling, diagnosing, assessments/evaluations, and medication management*

221 E. State St.

Centerville, IA 52544

Phone: 641-856-6471

Behavioral Health Hotline: 800-708-5129

Substance Abuse Hotline: 641-895-9409

Website: [www.chcsi.org](http://www.chcsi.org)

Fax: 641-856-2603

## **River Hills Community Health Center**

*Offers therapy, medication management, assessments/evaluations, diagnosing, and substance abuse therapy*

1015 N. 18<sup>th</sup> St.

Centerville, IA 52544

Phone: 641-856-4400

Website: [www.riverhillshealth.org](http://www.riverhillshealth.org)

## **Sieda Community Action**

*Gambling treatment/counseling services, tobacco cessation, substance abuse prevention with outpatient counseling services, behavioral health intervention services, and medication assisted treatment*

Centerville Office

111 N. Main St.

Centerville, IA 52544

Phone: 641-856-3112

Website: [www.sieda.org](http://www.sieda.org)

Ottumwa Office

310 W. Main St.

Ottumwa, IA 52501

Phone: 641-683-6747 or 800-622-8340

Quitline Iowa Phone: 800-QUIT-NOW

Website: [www.quitlineiowa.org](http://www.quitlineiowa.org)

## **First Resources Corporation**

*Services for people with disabilities, families, mental health services, supported community living, & substance abuse treatment & recovery services.*

310 W. Washington St., Suite 2

Centerville, IA 52544

Phone: 641-856-5382

Website: [www.firstresources.us](http://www.firstresources.us)

Fax: 641-856-2372

## Hope House Treatment and Recovery Center

*Residential drug & alcohol addiction treatment for pregnant women & individuals with children. This program is unique in that children attend treatment with their parent, so the family can recover together. The length of treatment depends on the individual & level of care needed to begin healing & recovery.*

433 North Weller

Ottumwa, IA 52501

Website: <http://www.firstresources.us/services/treatment-and-recovery/>

Phone: 641-954-9924

Fax: 641-954-9926

## Oak Meadow Treatment and Recovery Center

*Inpatient drug & alcohol addiction treatment. This is a short-term, 30-45 day service. Professionally trained staff provide the 24-hour care & support needed to rebuild one's life. Clients will participate in individual & group sessions, gender specific groups, trauma workshops, educational lectures, relapse-prevention skill development, & will acquire daily living skills.*

2942 Oak Meadow Drive

Ottumwa, IA 52501

Website: <http://www.firstresources.us/services/treatment-and-recovery/>

Phone: 641-954-8925

Fax: 641-954-8927

## **Children and Families of Iowa**

*Offering the following services: domestic violence services, youth and young adult programs, family support programs, early childhood development services, mental health services, integrated health home services, and substance abuse services.*

Crisis Hotline: 515-243-6147

Des Moines Office

1111 University Ave.

Des Moines, IA 50314

Phone: 515-288-1981

Website: [www.cfiowa.org](http://www.cfiowa.org)

Ottumwa Office

111 East Main St.

Ottumwa, IA 50201

Phone: 641-954-1233

## **Southern Iowa Mental Health Center**

*Behavioral health intervention services, mobile crisis team, 23-hour observation unit, crisis stabilization residential services.*

1527 Albia Road  
Ottumwa, IA 52501

Website: [www.simhcottumwa.org](http://www.simhcottumwa.org)

Phone: 641-682-8772 (answered 24/7)      Mobile Crisis Team: 844-430-8520

## **House of Mercy**

*Services provided: transportation, childcare, Behavioral Health Intervention Services (BHIS), Outpatient mental health counseling, addiction counseling services, education and employment assistance, skill development training in communication, parenting, anger management, and nutrition.*

### Des Moines Location

*Offers residential and outpatient treatment (regular & intensive) for substance abuse and mental health. Residential is only available for women and their children.*

1409 Clark St.

Des Moines, IA 50314

Phone: 515-643-6500

Toll Free: 800-796-5730

Fax: 515-643-6598

### Indianola Location

*Offers outpatient treatment (regular and intensive) for substance abuse and mental health.*

310 N. Buxton St.

Indianola, IA 50125

Phone: 515-358-7610

Fax: 515-962-1685

### Newton Location

*Offers outpatient treatment (regular and intensive) for substance abuse and mental health.*

200 North 8<sup>th</sup> Avenue East

Newton, IA 50208

Phone: 641-792-0717

Fax: 641-792-0730

## **Manning Family Recovery Center**

*Residential & Outpatient substance abuse treatment facility.*

1550 6<sup>th</sup> Street

Manning, IA 51455

Phone: 712-655-2300

Website: [www.mrhcia.com](http://www.mrhcia.com)

## **HEALTH CARE SERVICES - Veterans**

### **Central Iowa VA Health Care System - Des Moines**

3600 30<sup>th</sup> St.

Des Moines, IA 50310

Website: [www.centraliowa.va.gov](http://www.centraliowa.va.gov)

Phone: 515-699-5999 or 800-294-8387

### **VA Clinic - Knoxville**

*Open Monday-Friday 7:30am-4:00pm. Offers Primary Care, Mental Health, Specialty Services (Podiatry, Optometry, Audiology, Laboratory), Telehealth, and Prescriptions.*

1607 N. Lincoln St.

Knoxville, IA 50138

Website: [www.centraliowa.va.gov/locations/CBOC\\_Knoxville\\_IA.asp](http://www.centraliowa.va.gov/locations/CBOC_Knoxville_IA.asp)

Phone: 641-828-5019



## **Iowa City VA Health Care System**

601 Highway 6 West  
Iowa City, IA 52246

Website: [www.iowacity.va.gov](http://www.iowacity.va.gov)  
Phone: 319-338-0581 or 800-637-0128

## **VA Clinic - Ottumwa**

*Open Monday-Friday 8:00am-4:30pm. Offers Primary Care, Mental Health, Substance Abuse Counseling & education, Podiatry, Laboratory, Telehealth (including Audiology and retinal screenings), Physical Therapy, Social Worker (including assistance with Advance Directives), and Dietician services.*

1009 East Pennsylvania Ave.

Ottumwa, IA 52501

Website: [www.iowacity.va.gov/locations/CBOC\\_Ottumwa\\_IA.asp](http://www.iowacity.va.gov/locations/CBOC_Ottumwa_IA.asp)

Phone: 641-683-4300

## **HEALTH CARE SERVICES - Vision**

### **International Eyecare Center (IEC)**

125 N. 13th St.  
Centerville, IA 52544

Website: [www.iec2020.com](http://www.iec2020.com)

Phone: 641-437-4099

### **Walmart Vision Center - Ottumwa**

*Open seven days per week.*

1940 Venture Dr.

Ottumwa, IA 52501

Phone: 641-683-6111

### **Wolfe Eye Clinic - Albia**

*Offers Comprehensive eye exams, contact lens fitting, diabetic eye care, dry eye therapy, eye glass dispensing, Keratoconus, pre- and post-surgical care, treatment of eye infections, and eye injuries.*

101 Benton Ave. E

Albia, IA 52531

Website: [www.wolfeeyeclinic.com](http://www.wolfeeyeclinic.com)

Phone: 641-932-7154

### **Wolfe Eye Clinic - Ottumwa**

*Comprehensive eye exams, contact lens fitting, LASIK, Cataract evaluation & treatment, Glaucoma evaluation & treatment retina disease & surgery services, diabetic eye care, dry eye therapy, and eye glass dispensing.*

1005 Pennsylvania Ave., Suite 110

Ottumwa, IA 52501

Website: [www.wolfeeyeclinic.com](http://www.wolfeeyeclinic.com)

Phone: 641-682-8571 or 800-542-7956

## **HOTLINES & INFORMATION**

### **Daily Iowegian**

*The Daily Iowegian and Wednesday Ad-Express is a four-day, Tuesday-Friday, daily newspaper published in Centerville, Iowa and covering Appanoose and Wayne counties in Iowa and Putnam County, Missouri.*

201 N. 13th St.

Centerville, IA 52544

Phone: 641-856-6336

Website: [www.dailyiowegian.com](http://www.dailyiowegian.com)

Fax: 641-856-8118

## **Drake Public Library**

*Offers youth reading programs, preschool story time, two computer labs, test proctoring, genealogy research, meeting rooms, youth library, a 'book nook,' and online research.*

115 Drake Ave.

Centerville, IA 52544

Phone: 641-856-6676

Website: [www.drakepubliclibrary.org](http://www.drakepubliclibrary.org)

Fax: 641-856-6135

## **2-1-1 Resources and Referral Hotline**

*2-1-1 is an easy to remember three-digit phone number that provides information for basic health, human services, or community resources that is free, confidential, and available 24/7. Simply dial 2-1-1 on your phone. Texting hours are Monday-Friday 8am-4:30pm.*

Phone: 2-1-1

Text your Zip Code to 898211

Website: [www.211iowa.org](http://www.211iowa.org)

## **AIDS Information Hotline**

*The AIDS hotline answers questions and provides information about resources related to HIV/AIDS treatment.*

Phone: 800-448-0440

Website: [www.aids.gov](http://www.aids.gov)

## **Americans with Disabilities (ADA) Hotline**

*ADA specialists provide information regarding the Americans with Disabilities Act, answer specific questions, offer free ADA materials, and assist with filing complaints.*

Phone: 800-514-0301

Website: [www.ada.gov](http://www.ada.gov)

## **Al-Anon Hotline**

*Al-Anon helps family and friends of alcoholics cope with the effects of living with a problem drinker. Alateen is the recovery program for young people.*

Phone: 888-425-2666

Website: [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

## **Central Iowa Crisis Line**

*Central Iowa Community Services provides a Crisis Phone Line for residents living in a 10-county area, including Appanoose County. Call for a variety of reasons including: a major loss, such as the death of a loved one, a divorce, a serious illness, or a series of smaller problems that have compounded & become overwhelming. Trained, compassionate counselors are available 24 hours a day. All contacts are confidential.*

Toll-Free Crisis Line: 844-258-8858

Text Support: 800-332-4224 (M-F, 9am-3pm)

Online Chat Counseling: [www.Foundation2CrisisChat.org](http://www.Foundation2CrisisChat.org) (M-F, 9am-3pm)

## **Foundation 2 Crisis Services**

24-hour Crisis Hotline: 844-430-8520

Peer Support Line: 844-775-9276

Website: [www.foundation2.org](http://www.foundation2.org)

## **Gay and Lesbian National Hotline**

*Offers confidential telephone and email peer-counseling to callers of all ages regarding coming-out issues, relationship concerns, HIV/AIDS, and safer-sex information.*

Phone: 888-THE-GLNH (843-4564)

Website: [www.glbthotline.org](http://www.glbthotline.org)

## **Infant Care - Text4Baby**

*New and expectant moms receive 3 text messages each week that provide education on topics such as birth defects prevention, immunizations, nutrition and mental health. App is also available.*

Email: [info@text4baby.org](mailto:info@text4baby.org)

Website: [www.text4baby.org](http://www.text4baby.org)

## **Iowa Brain Injury Information Center (Brain Injury Alliance of Iowa)**

1556 S. First Ave., Suite A  
Iowa City, IA 52240

Website: [www.biaia.org](http://www.biaia.org)

Phone: 855-444-6443

## **Iowa Compass Hotline**

*Provides information and referrals about disability related services and programs.*

Phone: 800-779-2001

Website: [www.iowacompass.org](http://www.iowacompass.org)

## **Iowa Gambling Treatment Program**

*Offers the following services: assessment and evaluation, individual /group counseling, transitional housing, distance treatment, financial aid & counseling, confidentiality, and emergency assistance.*

Phone: 800-BETS-OFF (238-7633)

Website: [www.1800betsoff.org](http://www.1800betsoff.org)

## **Iowa Healthy Family Hotline**

*Provides health information and referrals for pregnancy, immunizations, and other family related issues.*

Phone: 800-369-2229

## **Iowa Insurance Division**

*Monitor and regulate insurance companies and agents that do business in Iowa. Also have advice for prearranged funeral plans and perpetual care cemeteries.*

Phone: 877-955-1212 or 515-281-6348

Website: [www.iid.iowa.gov](http://www.iid.iowa.gov)

## **Iowa Poison Control Center**

Phone: 712-279-3710

Website: [www.iowapoisson.org](http://www.iowapoisson.org)

Emergency: 800-222-1222

## **Iowa Senior Medicare Patrol**

*Can help offer healthcare fraud concerns and resources for other issues.*

Phone: 800-423-2449

Website: [www.milestonesaaa.org](http://www.milestonesaaa.org)

## **Lawyer Referral Services Hotline**

*Call this number to be referred to a local lawyer.*

Phone: 800-532-1108

Website: [www.iowafindalawyer.com](http://www.iowafindalawyer.com)

## **Life Long Links**

*Aging and disability resources to maintain independence.*

Phone: 866-468-7887

Website: [www.lifelonglinks.org](http://www.lifelonglinks.org)

## **Legal Hotline for Older Iowans (60+)**

Phone: 800-992-8161

Website: [www.iowalegalaid.org](http://www.iowalegalaid.org)

## **Medline Plus**

*Produced by the National Library of Medicine and offers information about diseases, conditions, and wellness issues.*

Website: [www.medlineplus.gov](http://www.medlineplus.gov)

## **National Alliance on Mental Illness Helpline**

*Offers general info about mental illness, referrals to local affiliates & support groups, and volunteer support.*

Phone: 800-950-6264

Website: [www.nami.org](http://www.nami.org)

## **National Council on Alcoholism and Drug Dependence Hope Line**

*Offers referrals to local affiliate offices, as well as provides information about alcoholism and drug dependence.*

Phone: 800-622-2255

Website: [www.ncadd.org](http://www.ncadd.org)

## **Mental Health America**

*Information and literature regarding mental illness is provided to professionals and the general public.*

Phone: 800-969-6642

Website: [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)

## **National Life Center**

*Compassionate guidance and counseling to any woman or girl facing pregnancy. Services offered include assistance finding medical, legal, or psychological help shelter, education, and adoption guidance as desired.*

Phone: 800-848-5683

Website: [www.nationallifecenter.com](http://www.nationallifecenter.com)

## **National Runaway Switchboard**

*24-hour crisis line serving teenagers thinking of running away or who have run away and want to return home. Also provides information to adults about how to help someone who may be at risk of running, and to teachers to pass along to students about youth homelessness and life on the streets.*

Phone: 800-RUNAWAY (786-2929)

Website: [www.1800runaway.org](http://www.1800runaway.org)

## **National Suicide Prevention Lifeline**

*Available to anyone in suicidal crisis or emotional distress providing crisis counseling or mental health referrals.*

Phone: 800-273-TALK (8255)

Website: [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

## **Quitline Iowa**

*Quitline Iowa is a free program that provides helpful tools, information and support while you quit smoking. Offers Phone Coaches, eCoach Support, My Quit Journey workbook, and assistance choosing quitting aids.*

Phone: 800-QUIT-NOW (784-8669)

Website: [www.quitlineiowa.org](http://www.quitlineiowa.org)

## **Radon Hotline**

*Offers general information about radon and mitigation.*

Phone: 800-383-5992

Website: [www.lung.org/radon](http://www.lung.org/radon)

## **Rape, Abuse & Incest National Hotline (RAINN)**

*RAINN anonymously and automatically connects sexual assault victims with the nearest rape crisis center and a counselor who is able respond to the call.*

Phone: 800-656-HOPE (4673)

Website: [www.rainn.org](http://www.rainn.org)

## **Southern Iowa Mental Health Center**

*Behavioral health intervention services, mobile crisis team, 23-hour observation unit, crisis stabilization residential services.*

1527 Albia Road, Ottumwa, IA 52501

Website: [www.simhcottumwa.org](http://www.simhcottumwa.org)

Phone (24/7): 641-682-8772

Mobile Crisis Team: 844-430-8520

## **Substance Abuse & Mental Health Service Administration (SAMHSA) National Helpline**

*Treatment referral and information service for individuals and families facing mental and/or substance use disorders.*

Phone: 800-662-4357

Website: [www.samhsa.gov](http://www.samhsa.gov)

## **Veteran's Crisis Line**

*Connects veterans in a crisis (and their families and friends) with qualified, caring Department of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.*

Phone: 800-273-8255 or Text: 838255

Website: [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

TTY: 800-799-4889

## **HOUSING – Subsidized & Low-Income**

### **Centerville Municipal Housing Agency (And Oak Lawn Apartments)**

*The Centerville Municipal Housing Agency administers both a public housing and Section 8 housing voucher program. The housing authority owns and manages one project which contains 100 affordable rental units (Oak Lawn Apartments). It also administers 98 Section 8 housing vouchers.*

317 E. Oak St.

Centerville, IA 52544

Phone: 641-856-8742

### **Centerville Housing, Inc.**

#### Golden Linx Apartments

1915 S. 19<sup>th</sup> St.

Centerville, IA 52544

Phone: 641-856-8560

#### Orchard Place Apartments

500 E. Orchard St.

Centerville, IA 52544

Phone: 641-856-8560

#### Pleasantview Place Apartments

1315 E. Cross St.

Centerville, IA 52544

Phone: 641-856-8560

### **Centerville Senior Lofts**

*Market-rate apartments with a few income-based units for elderly or disabled.*

421 N. Main St.

Centerville, IA 52544

Phone: 641-216-8376

### **Diamond View Apartments**

*Not low-income, but will accept Section 8 housing vouchers.*

735 N. Park Ave.

Centerville, IA 52544

Phone: 641-856-5416 or 641-895-8416

### **The Landing Apartments**

1110 E. Cross St.

Centerville, IA 52544

Phone: 641-856-4038

### **Shamrock Heights**

*Low-income housing for elderly or disabled.*

1020 Shamrock Ln.

Centerville, IA 52544

Phone: 641-856-5011

### **Chariton Valley Regional Housing Trust Fund, Inc.**

*Provides safe and affordable housing to low and moderate income residents located in Appanoose, Lucas, Monroe, and Wayne Counties.*

115 E. Van Buren St.

Centerville, IA 52544

Website: [www.charitonvalleyhousing.org](http://www.charitonvalleyhousing.org)

Phone: 641-856-2744

### **Housing First**

*Supports and partners with providers to help people with psychiatric disabilities find and keep housing.*

209 E. Jackson Street  
Centerville, IA 52544

Phone: 641-856-2085

### **Moravia Community Housing Inc.**

300 N. Brandon Ave.  
Moravia, IA 52571

Phone: 641-724-3295

### **Moulton Housing**

308 E. 5<sup>th</sup> St.  
Moulton, IA 52572

Phone: 641-642-3438

### **Mystic Housing Agency**

100 School St.  
Mystic, IA 52574

Phone: 641-895-3503

### **Area XV Multi-County Housing Agency**

*Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Washington & Wayne Co.*

417 North College, PO Box 417  
Agency, IA 52530

Website: [www.areaxvhousing.org](http://www.areaxvhousing.org)

Phone: 641-937-5222

## **LAW ENFORCEMENT & CRIME PREVENTION**

### **Appanoose County Sheriff's Office (Law Center)**

1125 W. Van Buren St.  
Centerville, IA 52544  
Phone: 641-437-7100

Website: [www.appanoosecosheriff.org](http://www.appanoosecosheriff.org)

Fax: 641-437-7107

### **Centerville Police Department (Law Center)**

1125 W. Van Buren St.  
Centerville, IA 52544  
Phone: 641-437-7100

Fax: 641-437-7107

## **LEGAL SERVICES**

### **Iowa Concern Hotline**

*Financial questions, legal issues, and family transitions*

Phone: 800-447-1985

Website: [www.extension.iastate.edu/iowaconcern](http://www.extension.iastate.edu/iowaconcern)

### **Iowa Legal Aid Southeast Iowa Regional Office**

112 E. 3<sup>rd</sup> St.  
Ottumwa, IA 52501

Website: [www.iowalegalaid.org](http://www.iowalegalaid.org)

Phone: 800-532-1275

### **Legal Hotline for Older Iowans (60+)**

Phone: 800-992-8161

Website: [www.iowalegalaid.org](http://www.iowalegalaid.org)

### **Drake University Legal Clinic (Outreach)**

Neal and Bea Smith Law Center

2400 University Ave.

Des Moines, IA 50311

Website: [www.drake.edu/law/clinics-centers/clinic](http://www.drake.edu/law/clinics-centers/clinic)

Phone: 515-271-3851

### **Lawyer Referral Service (Iowa Find-A-Lawyer)**

625 E. Court Ave.

Des Moines, IA 50309

Website: [www.iowafindalawyer.com](http://www.iowafindalawyer.com)

Email: ISBA@iowabar.org

### **Youth Law Center**

*Anyone living in Iowa who is under 18 years old can call and receive free legal advice and information regarding issues affecting youth rights and responsibilities. Professionals who work with youth can also call for advice. Available Monday-Friday 8am-4:30pm.*

300 Walnut St.

Suite 295

Des Moines, IA 50309

Website: [www.ylc.org](http://www.ylc.org)

Phone: 515-244-1172 or 800-728-1172

## **PASTORAL/MINISTERIAL ASSOCIATIONS**

### **Common Ground Interfaith Alliance of Appanoose County**

Phone: 641-856-3937

### **Living Waters Ministerial Association**

Phone: 641-856-7623

## **PHARMACY**

### **Hy-Vee Pharmacy**

609 N. 18th St.

Centerville, IA 52544

Phone: 641-856-3832

Website: [www.hy-vee.com/health/pharmacy](http://www.hy-vee.com/health/pharmacy)

### **Owl Pharmacy**

213 N. 13th St.

Centerville, IA 52544

Phone: 641-437-7200

Website: [www.mygnp.com](http://www.mygnp.com)

### **Walmart Pharmacy**

23148 Hwy 5

Centerville, IA 52544

Phone: 641-437-7185

Website: [www.walmart.com](http://www.walmart.com)

## **PUBLIC HEALTH PROGRAMS**

### **Appanoose County Public Health**

*Disease prevention, skilled nursing, health education promotion, school/licensed daycare immunization audits, VFC-Vaccines for Children, Baby Steps program, flu clinics, lead screening, blood pressure checks & immunizations—check for clinic or appointment times*

209 E. Jackson St.  
Centerville, IA 52544  
Phone: 641-437-4332

Website: [www.appanooseph.wix.com/appanooseph](http://www.appanooseph.wix.com/appanooseph)

### **Care for Yourself Program**

#### **Breast & Cervical Cancer Early Detection Program (BCCEDP)**

*Provides free mammograms, pap tests, breast and cervical diagnostic testing, and one yearly office visit to women ages 40 to 64 who are uninsured or under-insured, or women who have breast cancer symptoms*

209 E. Jackson St.  
Centerville, IA 52544  
Phone: 641-437-4332

Website: [www.appanooseph.wix.com/appanooseph](http://www.appanooseph.wix.com/appanooseph)

### **1st Five Program**

*For Appanoose, Clarke, Decatur, Lucas, Jasper, Marion, Monroe, Poweshiek, Ringgold, & Wayne Counties. 1st Five is a public-private partnership bridging primary care and public health services in Iowa. The 1st Five model supports health providers in the earlier detection of social-emotional and developmental delays and family risk-related factors in children birth to 5 and coordinates referrals, interventions and follow-up.*

#### **Appanoose County Public Health**

209 E. Jackson St.  
Centerville, IA 52544  
Phone: 641-437-4332

#### **Marion County Public Health**

2003 N. Lincoln, PO Box 152  
Knoxville, IA 50138  
Phone: 641-828-2238  
Website: [www.marionph.org](http://www.marionph.org)

### **Referral Linking Facilitation “No Wrong Door”**

*Linking people to the appropriate services. Provides care coordination linkage and referral for health, dental, and social needs, inclusive of community resources. Call ahead to assure best service.*

#### **Marion County Public Health**

2003 N. Lincoln, PO Box 152  
Knoxville, IA 50138  
Phone: 641-828-2238

Website: [www.marionph.org](http://www.marionph.org)  
Fax: 641-842-3442



## **RECREATION & ENTERTAINMENT**

### **Adams Bowl at D-Ray Lanes**

*Bowling leagues, tournaments, and weekend open-bowling. Available for private parties, reunions, and school events. Features a game room, restaurant, and bar. Open for breakfast and lunch.*

1115 Haynes Ave.  
Centerville, IA 52544  
Phone: 641-856-2604

### **Appanoose Country Club**

*Nine-hole golf course, restaurant, and lounge.*

1998 Country Club Dr.  
Centerville, IA 52544  
Phone: 641-856-2222

### **Centerville Municipal Band**

*Performs six weekly concerts every summer on the Centerville Courthouse lawn.*

509 S. Main St.  
Centerville, IA 52544

Website: [www.centervillemusic.org](http://www.centervillemusic.org)

### **Cinema 4 Theaters**

1013 N. 18<sup>th</sup> St.  
Centerville, IA 52544  
Phone: 641-856-3601

Website: <https://www.fridleytheatres.com/location/7453/Cinema-4-Showtimes>

### **Game On**

*Lazer Tag, Mini Golf, Arcade, and party room.*

605 E. Green St.  
Centerville, IA 52544  
Phone: 515-577-8512

Website: <http://www.gameonllc.net/>

### **Honey Creek Resort**

*Resort with 105 guest rooms, conference center, restaurant & lounge, water recreation, 18-hole golf course, multi-use trails, boat docks, campgrounds, 28 cottages, activity center, indoor waterpark, outdoor pavilion, bicycle rentals, and watersport rentals.*

12633 Resort Dr.  
Moravia, IA 52571  
Phone: 866-797-5308

Website: [www.honeycreekresort.com](http://www.honeycreekresort.com)

### **Honey Creek State Park**

*Offers recreational services and natural education in an outdoor setting at minimal or no cost. Also available: picnic shelters, boating access, interpretive programs, camping, cabins, snowmobile trails, cross country skiing trails, and hiking through woods and prairies. Located on the north side of Rathbun Lake.*

12194 Honey Creek Place  
Moravia, IA 52571  
Phone: 641-724-3739

Website: [www.iowadnr.gov/Places-to-Go/State-Parks/Iowa-State-Parks/ParkDetails/ParkID/610104](http://www.iowadnr.gov/Places-to-Go/State-Parks/Iowa-State-Parks/ParkDetails/ParkID/610104)

### **Lelah Bradley Park & Centerville Reservoir**

*Features 10 miles of trails, two lakes, and over 165 acres of recreation area. Fishing, boating, walking & hiking trails, hunting, camping, shelter houses, and picnicking.*

*Boating permits are located at the Law Center (1125 W. Van Buren St., Centerville, IA 52544).*

Phone: 641-856-8528

Website: [www.appanoosecountyconservation.org](http://www.appanoosecountyconservation.org)

### **Morgan Cline City Park & Swimming Pool**

*Includes seven shelter houses, playground equipment, restroom facilities, Frisbee golf, and tennis courts.*

West Lane St.

Centerville, IA 52544

Phone: 641-437-4339 (City Hall)

### **Morgan Cline Sports Complex**

*40-acre complex featuring soccer, baseball, and softball fields.*

Located at the south end of Centerville at the corner of Drake Ave. & Green St.

### **Rathbun Area YMCA**

*Features an indoor pool, exercise equipment, fitness classes, youth sports programs*

708 S. Main St.

Centerville, IA 52544

Phone: 641-437-1977

### **Rathbun Fish Hatchery**

*Aquarium filled with native Iowa fish. View the operation from an elevated walk-way throughout the facility. Located on the south side of Rathbun Lake.*

15053 Hatchery Place

Moravia, IA 52571

Website: <https://www.iowadnr.gov/About-DNR/DNR-Staff-Offices/Fish-Hatcheries>

Phone: 641-647-2406

### **Rathbun Lake (U.S. Army Corps of Engineers)**

*Offering outdoor swimming, camping, boating, fishing, hunting, hiking trails, eight parks, and two marinas. Visitor's Center, nature programs, bicycle, water activities.*

20112 Hwy J5T

Centerville, IA 52544

Phone: 641-647-2464

Websites:

<https://www.iowadnr.gov/idnr/Fishing/Where-to-Fish/Lakes-Ponds-Reservoirs/LakeDetails?lakeCode=RAT04>

<https://www.traveliowa.com/destination/rathbun-lake-information-center/7012>

<https://www.nwk.usace.army.mil/Locations/District-Lakes/Rathbun-Lake>

### **Sharon Bluffs State Park**

*144 acres of hiking trails, campgrounds, playgrounds, shelter houses, summer camps, educational programs, and a premier nature center, including elk and other wildlife.*

25100 520<sup>th</sup> St.

Centerville, IA 52544

Website: [www.appanoosecountyconservation.org](http://www.appanoosecountyconservation.org)

Phone: 641-856-8528

## **SENIOR SERVICES**

### **Eighteen to Eighty (18-80) Club**

922 W. State Street  
Centerville, IA 52544  
Phone: 641-856-8627

### **Milestones Area Agency on Aging**

*Provides the following services: Information Referral & Assistance, Care Coordination, Senior Nutrition, Family Caregiver Program, Options Counseling, Senior Medicare Patrol Program, Wellness & Safety, Senior Health Insurance Information Program (SHIIP), Elder Rights & Abuse Prevention & Older Worker Employment Program*  
623 Pennsylvania Ave.

Ottumwa, IA 52501

Website: [www.milestonesaaa.org](http://www.milestonesaaa.org)

Phone: 641-682-2270 or 855-410-6222

### **Centerville Senior Center**

#### **(Milestones - Congregate Meal Site & Home Delivered Meals)**

922 W. State St.  
Centerville, IA 52544

Phone: 641-856-8627

### **Mom's Meals**

3210 SE Corporate Woods Dr.  
Ankeny, Iowa 50021

Website: [www.momsmeals.com](http://www.momsmeals.com)

Phone: 877-508-6667

### **Sister's Home Style Entrees**

1303 22<sup>nd</sup> St. North  
Humboldt, IA 50548

Website: [www.sistersentrees.com](http://www.sistersentrees.com)

Phone: 515-332-1928

### **Senior Life Solutions**

*A program dedicated to addressing the emotional and behavioral health of adults over the age of 65. The program is designed to assist individuals suffering from symptoms of depression and anxiety, often related to aging, including: loneliness, hopelessness, crying, restlessness, sadness, coping with loss, decreased energy, difficulty sleeping, low self-confidence, or life transitions. Anyone can refer an individual to the program, including physicians, family members, self-referrals, or other healthcare professionals.*

#### **MercyOne Centerville Medical Center**

19898 St. Joseph's Dr.  
Centerville, IA 52544  
Phone: 641-437-3475

Website: [www.mercyone.org/centerville](http://www.mercyone.org/centerville)

### **Lifeline (Appanoose Community Care Services)**

*Medical alert service*

19890 St. Joseph's Dr.  
Centerville, IA 52544  
Phone: 641-437-3474

Website: [www.appanoosecareservices.com](http://www.appanoosecareservices.com)

## **Senior Behavioral Care Center – Ottumwa Regional Health Center**

*Psychiatric inpatient treatment, assessments and interventions for people ages 55+.*

1001 Pennsylvania Ave.

Ottumwa, IA 52501

Phone: 641-684-3400

Website: [www.ottumwaregionalhealth.com](http://www.ottumwaregionalhealth.com)

## **SafeLink Wireless**

*Cell Phone program provided by TracFone Wireless, Inc. Eligibility requirements must be met, which are based on a person's participation in state, Federal support programs, or by meeting the Income Poverty Guidelines as defined by the U.S. Government. Service is limited to one person per household.*

Phone: 800-SAFELINK (723-3546)

Website: [www.safelinkwireless.com](http://www.safelinkwireless.com)

## **Senior's Health Insurance Information Program (SHIIP)**

*A free, confidential service that helps Iowans make informed decisions about Medicare & other health coverage.*

MercyOne Centerville Medical Center

One St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-437-3411 (Local)

Website: [www.shiip.state.ia.us](http://www.shiip.state.ia.us)

Phone: 800-351-4664 (State)

## **Extra Help (with Medicare Prescription Drug Costs)**

*Assistance paying for monthly premiums, deductibles, and co-payments related to the Medicare Prescription Drug program. You must be enrolled in a Medicare Prescription Drug plan (Part D) to get this extra help.*

*\*You DO NOT need to complete this application if you have Medicare and Supplemental Security Income (SSI) or Medicare and Medicaid because you automatically will get the extra help.*

Phone: 800-772-1213

TTY: 800-325-0778

Website: [www.ssa.gov/benefits/medicare/prescriptionhelp](http://www.ssa.gov/benefits/medicare/prescriptionhelp)

Apply Online: [www.secure.ssa.gov/i1020/start](http://www.secure.ssa.gov/i1020/start)

## **Iowa Department on Aging**

510 E. 12th St., Suite 2

Des Moines, IA 50319

Phone: 515-725-3333

Website: [www.iowaaging.gov](http://www.iowaaging.gov)

Toll Free: 800-532-3213

## **Life Long Links**

*Help older Iowans, adults with disabilities, veterans and caregivers learn more about long-term living services and supports available throughout the state.*

Phone: 866-468-7887

Website: [www.lifelonglinks.org](http://www.lifelonglinks.org)

## **Social Security Administration**

2429 Northgate St., Suite A

Ottumwa, IA 52501

Phone: 866-964-7394

Website: [www.ssa.gov](http://www.ssa.gov)

## **SUPPORT GROUPS**

### **MercyOne Centerville Medical Center Support Groups**

One St. Joseph's Dr.  
Centerville, IA 52544

Website: [www.mercyone.org/centerville](http://www.mercyone.org/centerville)  
Phone: 641-437-4111

Alzheimer's Support Group - 3<sup>rd</sup> Friday of each month from 9:00-10:00am  
South Café

Breast Feeding Support Group - 1<sup>st</sup> Tuesday of each month from 6:00-8:00pm  
South Café

Cancer Support Group - 2<sup>nd</sup> Thursday of each month from 4:00-6:00pm  
Conference Room A

Diabetes Support Group - 2<sup>nd</sup> Wednesday of each month from 5:00-6:00pm  
Conference Room A

NA Support Group - Every Wednesday and Sunday at 7:30pm  
South Café

Parkinson's Support Group - 3<sup>rd</sup> Thursday of each month from 5:30-7:30pm  
Conference Room A

### **NAMI South Central Iowa**

*Local mental health organization raising awareness, providing education, and offering support groups.*

Chapter Meetings - 2<sup>nd</sup> Monday of even numbered months  
(Feb/Apr/June/Aug/Oct/Dec) at 6:00pm  
St. Mary's Discipleship Center - 828 S. 18<sup>th</sup> St., Centerville, IA 52544  
Phone: 641-216-3114 Website: [www.NAMI.org](http://www.NAMI.org)

NAMI Support Group - 1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month at 5:30pm  
*For those living with a mental illness.*  
Centerville Recovery Center - 209 E. Maple St., Suite 7, Centerville, IA 52544  
Phone: 641-856-7850

Family Support Group - 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month at 5:30pm  
*For family members of loved ones with a mental illness.*  
Centerville Recovery Center - 209 E. Maple St., Suite 7, Centerville, IA 52544  
Phone: 641-856-7458

### **Optimae Life Services & Recovery and Resource Center**

*Offers community services, intensive psychiatric rehabilitation, behavioral health services, home and community based services (HCBS), group therapy, Recovery Center (Monday-Friday for anyone with a Mental Health condition), and free lunch Monday-Friday.*

209 E. Maple St., Unit 9  
Centerville, IA 52544

Website: [www.optimaelifeservices.com](http://www.optimaelifeservices.com)  
Phone: 641-216-8227

## **Celebrate Recovery**

*Celebrate Recovery is a Christ-centered, 12-step recovery program for anyone struggling with hurt, pain or addiction of any kind. Offers large group meetings and small group gender specific meetings.*

Meetings held at Solid Rock Church of God - 1220 Rock Valley Rd., Centerville, IA 52544

Phone: 641-216-3982

Website: [www.celebraterecovery.com](http://www.celebraterecovery.com)

## **24/7 Dad®**

*An evidence-based parenting development & support program through Children & Families of Iowa for all fathers. Consists of twelve 2-hour weekly sessions focusing on men's attitudes toward fathering & helping men evaluate their parenting skills. Learn the characteristics of a 24/7 Dad® & other important behaviors, such as working with mom & proper child discipline to help them be the best dads they can be.*

**\*Contact Bradley Pothoven for information or to set up the next program in your area.**

Phone: 641-455-4359

Email: [bradley@cfiowa.org](mailto:bradley@cfiowa.org)

## **TRANSPORTATION**

### **10-15 Regional Transit Agency**

*Services available to ANYONE needing transportation in Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello and Wayne Counties. Riders may use the bus for nearly any purpose: grocery shopping, medical and dental visits, congregate meals, going to work, school, or personal matters.*

*Call 2 days in advance to schedule. **\*Rides are FREE within Appanoose County, Monday-Friday 1-5pm\****

612 S. Madison, Ottumwa, IA 52501

Website: [www.1015transit.com](http://www.1015transit.com)

Phone: 641-683-2024

Dispatcher: 800-227-6390

### **Iowa Medicaid MCO Non-Emergent Medical Transportation**

#### Amerigroup - Member Services

Phone: 800-600-4441

Website: [www.myamerigroup.com/IA](http://www.myamerigroup.com/IA)

\*For Transportation Assistance, call Logisticare at 844-544-1389

#### Iowa Total Care - Member Services

Phone: 833-404-1061

Website: [www.iowatotalcare.com](http://www.iowatotalcare.com)

\*For Transportation Assistance, call Access2Care at 833-404-1061

### **Appanoose County Veterans Affairs**

*Volunteers provide transportation for local veterans.*

19999 St. Joseph's Drive, Centerville, IA 52544

Phone: 641-856-6597

Website: [www.va.iowa.gov/counties/appanoose](http://www.va.iowa.gov/counties/appanoose)

### **Reaching All People Together (RAPT)**

*Local group who volunteers their time and vehicles to help you get to your medical appointments. There may be a fee for out of town travel.*

Phone: 641-895-0744

### **State Street Trolley**

*The Historic Preservation Corporation offers the State Street Trolley for historic area tours and local events. The fully-enclosed, heated and air-conditioned trolley is available to rent for private events year round. Bench seating accommodates 22 to 28 adults. ADA accessible.*

Phone: 641-895-0176 or 641-437-4102

## **Amtrak**

210 West Main St., Suite 1, Ottumwa, IA 52501 Website: [www.amtrak.com](http://www.amtrak.com)

Phone: 641-682-3876

## **American Cancer Society – Road to Recovery**

*Volunteer transportation to and from treatment facilities.*

Phone: 800-227-2345

Website: [www.cancer.org](http://www.cancer.org)

## **UTILITIES**

### **Alliant Energy**

Mail payments to:

PO Box 3060, Cedar Rapids, IA 52406

Customer Service: 800-255-4268

Website: [www.alliantenergy.com](http://www.alliantenergy.com)

### **Centerville Municipal Water**

*Can drop off payments at Hy-Vee*

312 E. Maple St., Centerville, IA 52544

Phone: 641-856-8495

Website: [www.centerville-ia.org](http://www.centerville-ia.org)

### **Rathbun Regional Water Association**

16166 Hwy J29, Centerville, IA 52544

Phone: 641-647-2416 or 800-233-8849

Website: [www.rrwa.net](http://www.rrwa.net)

### **Culligan Water Conditioning of Centerville**

700 E. Wilson St., PO Box 875, Centerville, IA 52544

Phone: 641-856-2324

Website: [www.culligan.com/dealer-locator/centerville-ia/14140](http://www.culligan.com/dealer-locator/centerville-ia/14140)

### **Mediacom (Cable, Internet, and Phone)**

*Can drop off payments at Hy-Vee*

Customer Service: 855-633-4226

Website: [www.mediacomcable.com](http://www.mediacomcable.com)

### **Windstream (DISH Network, Internet, and Phone)**

Mail payments to:

P.O. Box 9001908, Louisville, KY 40290

Customer Service: 800-347-1991

Website: [www.windstream.com](http://www.windstream.com)

### **US Cellular**

300 N. 12th St., Centerville, IA 52544

Phone: 641-437-4814

Website: [www.uscellular.com](http://www.uscellular.com)

Customer Service: 888-944-9400

### **Verizon Wireless**

205 N. 13th St., Centerville, IA 52544

Phone: 641-437-1308

Website: [www.verizonwireless.com](http://www.verizonwireless.com)

Customer Service: 800-922-0204

## **VETERAN SERVICES**

### **Appanoose County Veterans Affairs**

19999 St. Joseph's Dr.  
Centerville, IA 52544  
Phone: 641-856-6597

Website: [www.va.iowa.gov/counties/appanoose](http://www.va.iowa.gov/counties/appanoose)  
Email: [director@appanoosecounty.org](mailto:director@appanoosecounty.org)

### **Iowa Department of Veterans Affairs**

7105 NW 70<sup>th</sup> Ave.  
Camp Dodge, Bldg. 3465  
Johnston, IA 50131  
Phone: 515-252-4698 or 800-838-4692

Website: [www.va.iowa.gov](http://www.va.iowa.gov)  
Website: [www.va.iowa.gov/benefits](http://www.va.iowa.gov/benefits)

### **Central Iowa VA Health Care System - Des Moines**

3600 30<sup>th</sup> St.  
Des Moines, IA 50310  
Phone: 515-699-5999 or 800-294-8387

Website: [www.centraliowa.va.gov](http://www.centraliowa.va.gov)

### **VA Clinic - Knoxville**

*Open Monday-Friday 7:30am-4:00pm. Offers Primary Care, Mental Health, Specialty Services (Podiatry, Optometry, Audiology, Laboratory), Telehealth, and Prescriptions.*

1607 N. Lincoln St.  
Knoxville, IA 50138  
Phone: 641-828-5019

Website: [www.centraliowa.va.gov/locations/CBOC\\_Knoxville\\_IA.asp](http://www.centraliowa.va.gov/locations/CBOC_Knoxville_IA.asp)

### **Iowa City VA Health Care System**

601 Highway 6 West  
Iowa City, IA 52246  
Phone: 319-338-0581 or 800-637-0128

Website: [www.iowacity.va.gov](http://www.iowacity.va.gov)

### **VA Clinic - Ottumwa**

*Open Monday-Friday 8:00am-4:30pm. Offers Primary Care, Mental Health, Substance Abuse Counseling & education, Podiatry, Laboratory, Telehealth (including Audiology and retinal screenings), Physical Therapy, Social Worker (including assistance with Advance Directives), and Dietician services.*

1009 East Pennsylvania Ave.  
Ottumwa, IA 52501  
Phone: 641-683-4300

Website: [www.iowacity.va.gov/locations/CBOC\\_Ottumwa\\_IA.asp](http://www.iowacity.va.gov/locations/CBOC_Ottumwa_IA.asp)

### **Home Base Iowa**

*Provides veterans and transitioning service members and their families with opportunities and benefits for a successful transition in Iowa — a place to call home.*

Phone: 515-822-8951

Website: [www.homebaseiowa.gov](http://www.homebaseiowa.gov)



## **Iowa Paralyzed Veterans of America**

*Non-profit organization. Membership is free and consists of vets of the U.S. Armed Forces who have suffered a spinal cord injury or received diagnosis of disease affecting the spinal cord.*

7025 Hickman Rd., Suite 1

Urbandale, IA 50322

Phone: 515-277-4782 or 888-909-4782

Website: [www.iowapva.org](http://www.iowapva.org)

E-mail: [iowapvakim@yahoo.com](mailto:iowapvakim@yahoo.com)

## **Iowa Veterans Home**

*Long-term care facility. Mission is to provide medical & nursing care to Iowa's veterans, spouses, & gold star parents. Their 560-bed facility can accommodate residential, nursing, and memory care levels of care.*

1301 Summit St.

Marshalltown, IA 50158

Phone: 641-752-1501

Website: [www.ivh.iowa.gov](http://www.ivh.iowa.gov)

Fax: 641-753-4278

## **Iowa Veterans Trust Fund**

*Available to veterans, spouses, and their dependents. Qualifications: Income cannot exceed 200% of poverty guidelines; Resources (cash on hand) cannot exceed \$15,000. Services include: travel, unemployment assistance, job training/education assistance, individual & family counseling, dental, audiology, emergency housing/vehicle repairs, emergency room assistance, and durable medical equipment.*

*For an application, please contact your local VA county office:*

### Appanoose County Veterans Affairs

19999 St. Joseph's Dr.

Centerville, IA 52544

Phone: 641-856-6597

Website: [www.va.iowa.gov/iowa-veterans-trust-fund](http://www.va.iowa.gov/iowa-veterans-trust-fund)

Website: [www.va.iowa.gov/counties/appanoose](http://www.va.iowa.gov/counties/appanoose)

Email: [director@appanoosecounty.org](mailto:director@appanoosecounty.org)

## **Veteran's Crisis Line**

*Connects veterans in a crisis (and their families and friends) with qualified, caring Department of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.*

Phone: 800-273-8255 or Text: 838255

TTY: 800-799-4889

Website: [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

# Appanoose County Resource Directory 2020

Thank you to the following organizations for making  
this year's directory possible:

## **1st Five Program through Marion County Public Health Department**

For funding and coordinating this project

Appanoose County Resource Directory online version:

[www.marionph.org](http://www.marionph.org)



**Public Health**  
Prevent. Promote. Protect.

If your organization or agency provides help to area families and would like to be listed in future editions or for any additions, corrections, or deletions to the current listing, please contact Marion County Public Health Department at 641-828-2238.